

JUNE 2025

THE MONTHLY LIST OF ACTIVITIES FOR VETERANS AND ARMED SERVICES PERSONNEL IN THE HEREFORD AREA



ARMED FORCES & VETERANS
BREAKFAST CLUBS

Return to the Tribe

HEREFORD

www.afvbc.NET



HEREFORDSHIRE VETERAN SUPPORT CENTRE

100 Widemarsh Street, open Mon to Fri 10 – 5pm

Queries? Ring HVSC 01432 674853

Every Saturday

*Armed Forces & Veterans Breakfast Clubs meet @ Wetherspoons.

Alternate weeks 0930 'ish – 1100 'ish @ Hereford or Leominster

Every Monday

Mental Health nurse Louise (16th/23rd/30th) available @ HVSC* – drop in for a chat

Plus: FREE Meg's Massage - Head, Hand, Leg. 10 – 3pm

Every Tuesday

Veterans Brew and Banter @ Border Bean, Kington, 11:30-13:30

Every Wednesday

'Encore' Veterans Choir @ The Courtyard 10.00 – 11.00 (Term fees apply)

Cafe Muse @ the Courtyard, Hereford 11.00 – 1500 FREE

Every Thursday

Veterans Brunch @ the HVSC* 10.30 – 1300. FREE / £2.00 donation

Art4Veterans @ Hinton Community Centre 1100 – 1400 art4veteransh@gmail.com

Every Friday

Coffee for the (mil & ex-mil) Ladies, Cosy Club 1100 - 1230

*@The HVSC - Free legal advice – Lanyon & Bowdler 1100 – 1300 and 'Carers Links' - Wed 11TH June
Dept. of Work & Pensions Fri 6th/ Fri 27th June

ARMED FORCES DAY

Mon 23rd June 1100 hrs High Town – Armed Forces Day Flag Raising

Saturday 28th June Old Market Shopping Centre – Armed Forces Day

MILITARY TO BUSINESS SHOWCASE 2025 1000 HRS TO 1500 HRS Skylon Campus

HEREFORD ARMED FORCES AND VETERANS BREAKFAST CLUB

*All veterans / serving personnel are welcome to join us for a fortnightly Saturday breakfast get-together, and banter swap. (No fees/no dress code/no rank) The King's Fee, Wetherspoons, Commercial Road, Hereford. Apply Facebook HAFVBC, and "REJOIN THE TRIBE" or E-Mail afvbchereford@gmail.com