



Providing NHS services

Ketamine Harm Reduction Advice & Awareness Event

Tuesday 27th January 2026
5:00pm - 6:00pm & 6:00pm - 7:00pm
Ellesmere Port Civic Hall

Ketamine use is on the rise — but so are the risks.
Join us for an open, judgement-free session where our
Specialist Urology Nurse will talk honestly about:

- ✓ What Ketamine does to the body and mind
- ✓ How to reduce risks if someone chooses to use
- ✓ Signs of dependency and where to get support
- ✓ Protecting mental and physical health



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 **Great Sutton**
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Wirral Partnership**
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