

MARPLE BRIDGE SURGERY

CHAPERONE POLICY

INTRODUCTION

This policy is designed to protect both patients and staff from abuse or allegations of abuse and to assist patients to make an informed choice about their examinations and consultations.

GUIDELINES

Clinicians should consider whether an intimate or personal examination of the patient is justified, or whether the nature of the consultation poses a risk of misunderstanding.

- The clinician should give the patient a clear explanation of what the examination will involve.
- Always adopt a professional and considerate manner - be careful with humour as a way of relaxing a nervous situation as it can easily be misinterpreted.
- Always ensure that the patient is provided with adequate privacy to undress and dress.
- Chaperone posters are displayed in our reception areas and in all clinical rooms.

This should remove the potential for misunderstanding. However, there will still be times when either the clinician, or the patient, feels uncomfortable, and it would be appropriate to consider using a chaperone. Patients who request a chaperone should never be examined without a chaperone being present. If necessary, where a chaperone is not available, the consultation / examination should be rearranged for a mutually convenient time when a chaperone can be present.

There may be rare occasions when a chaperone is needed for a home visit. The following procedure should still be followed.

WHO CAN ACT AS A CHAPERONE?

Only staff who have a DBS check and have been appropriately trained may act as a chaperone in the practice.

The following staff are currently able to act as chaperones:

- Dr Jane Wright
- Dr Bryden Davis
- Dr Sam Pulman
- Dr Constance Berchtold
- Dr Amy Sutton
- Dr Christina Perry
- Lianne Gilson
- Beth Nesbitt
- Samantha Brady
- Ruth Alty
- Alison Sackville Ford
- Kath Coop
- Kate Whiting

Where possible, it is strongly recommended that chaperones should be clinical staff familiar with procedural aspects of personal examination. Where suitable clinical staff members are not available the examination should be deferred.

Where the practice determines that non-clinical staff will act in this capacity the patient must agree to the presence of a non-clinician in the examination and be at ease with this. The staff member should be trained in the procedural aspects of personal examinations, comfortable in acting in the role of chaperone, and be confident in the scope and extent of their role. They will have received instruction on where to stand and what to watch.

CONFIDENTIALITY

- The chaperone should only be present for the examination itself, and most discussion with the patient should take place while the chaperone is not present.
- Patients should be reassured that all practice staff understand their responsibility not to divulge confidential information.

PROCEDURE

- The clinician will contact Reception, Nurse or HCA to request a chaperone.
- The clinician will record in the notes that the chaperone is present and identify the chaperone.
- Where no chaperone is available the examination will not take place – the patient should not normally be permitted to dispense with the chaperone once a desire to have one present has been expressed.
- The chaperone will enter the room discreetly and remain in room until the clinician has finished the examination.
- The chaperone will attend inside the curtain at the head of the examination couch and watch the procedure.
- The patient can refuse a chaperone, and if so, this **must** be recorded in the patient's medical record.

Reviewed October 25

REVIEW DATE: October 2026

Signed off by:
