

## Coventry GP Connect PCN August 2025

Welcome to the August edition of the  
**GP Connect PCN Newsletter!**

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## Introduction

In this issue, we feature Enhanced Access, making it easier to see doctors at convenient times, the Patient Participation Group (Digital), where patients can share their views and help shape healthcare services

You'll also find highlights from our PCN Community Event, support for patients with diabetes through Xyla Health, and more, including an inspiring AGE UK case study and the Changing the Futures service

## PCN Enhanced Access Clinics

Making Appointments available after-hours

Enhanced Access is a service we provide to allow patients book appointments after normal working

Just over 2000 appointments delivered since April

*Table of Enhanced Access Appointments delivered April to July:*

Month	Appointments
April	487
May	538
June	489
July	514
Total	2,028

Our dedicated team of healthcare professionals are available to see you via this **Enhanced Access service**

They include

- **GPs**
- **Nurses**
- **Advanced Nurse Practitioners**

and other Clinicians

## Social Media – Our Digital Journey

It's hard to believe it's been nearly a year since we began sharing on social media, successfully launching multiple channels.

- [Facebook](#) for longer, informative posts
- [Twitter](#) for quick, concise updates
- [YouTube](#) for videos with event highlights and health messages, for staff and patients alike



Timely, relevant information for patients and staff, from health tips to new service updates. Follow us on all our channels to stay informed, healthy, and connected. Visit us on our channels by scanning the code or click the link.

### [GP Connect PCN Channel Links](#)



### *Social Media - notable posts*

- Our most viewed [Tweet](#) informed our viewers of the message from the ICB regarding Mounjaro
- Our most viewed [YouTube video](#) was an informational video about *Integrated Neighbourhood Teams*
- Our most viewed [Facebook post](#) informed patients about the RSV vaccine and who is eligible for it

## PCN Engagement Event, Community Health & Wellbeing

[The Community Health and Wellbeing Event](#) on May 22 in Coventry was a success, connecting local residents with vital support services. **We encourage practices to link the Marketplace directly on their websites**

PCN Manager Saddam Hussain welcomed attendees, who enjoyed informative talks from various organisations like Thrive to Work and Compassionate Communities. The Services Fair allowed participants to interact with service providers, learn about resources, and chat together

The event highlighted the strong support network in Coventry, and we're grateful to all contributors and attendees for making it a success.

[Watch a clip of the event here](#)



[Join the email list](#) and follow our social media channels to get early notification of the next PCN Events [\[Link to email list\]](#)



## Digital Patient Participation Group Get your voice heard!

We're inviting patients to join our [GP Patient Participation Group \(Digital - DPPG\)](#), a forum where you can share your views and play a role in shaping the future of healthcare services.

We're aiming to improve access to care by using digital solutions such as text messaging and mobile apps alongside traditional services. This approach will offer more accessible options and enhance the patient experience. Your feedback is essential. You don't need to be experienced with technology to join, patients of all digital skill levels are welcome.

### Some of the topics

- Ensuring services are user-friendly for all
- Improving how we share information
- Exploring better ways to use technology
- Providing a direct platform for your ideas

[DPPG Info and Joining page link](#)

**Register via our website or contact your GP Practice to get involved. Once registered, you will receive updates on meeting dates**



### Call to Practice Teams, Become a Practice Digital Navigator

We're inviting GP practice teams to nominate a volunteer for the role of **Digital Navigator**. This enjoyable opportunity allows you to act as the key link between your practice and the PCN Digital Team.

As a **Digital Navigator**, you'll help ensure your practice's voice is heard, relay updates to your team, and support innovation by participating in digital trials. You don't need to be tech-savvy. just enthusiastic and willing to help.

**Full support will be provided, and we promise to make the role fun and rewarding!**

If you or a colleague are interested, please contact the PCN Digital Team at [cwicb.coventrygpconnectpcnweb@nhs.net](mailto:cwicb.coventrygpconnectpcnweb@nhs.net)

PCN Digital Transformation  
Team

## Xyla Health: A Healthier You



### Join the FREE Healthier You Diabetes Prevention Programme

Make lasting changes to improve your health and reduce your risk of Type 2 diabetes

The Healthier You NHS Diabetes Prevention Programme is a FREE nine-month, evidence-based lifestyle programme designed to help you make lasting changes to improve your health.

**Choose your format**, Face to Face or Digital Meetings, both options offer expert advice on

- Healthy eating
- Weight management
- Physical activity
- Managing stress & improving sleep

### Who's Eligible?

- Aged 18+
- Not currently pregnant
- Registered with a GP in Coventry & Warwickshire
- Blood test within last 12 months:
  - HbA1c 42–47 mmol/mol (6.0–6.4%)
  - Fasting Plasma Glucose 5.5–6.9 mmol/l

**Self-Register for the Diabetes Prevention Programme today:** Call: 0333 577 3010 or Visit:  
<https://preventing-diabetes.co.uk/referrers/coventry-warwickshire>

## Xyla Health, Gestational Diabetes Programme

If you've had Gestational Diabetes, you're at higher risk of developing Type 2 diabetes—but there's good news: small changes can make a big difference!

You can join the digital version of the programme, tailored specifically for this group

- No blood test needed
- No time limit since pregnancy
- Can self-refer during pregnancy (start after birth)

### Topics covered in the programme:

- How diabetes develops & how to reduce risk
- Enjoyable nutrition
- Daily Movement
- Sleep & stress balance
- Long-term habits

### Self-Refer to the *Gestational Diabetes Programme*

by visiting this link: <https://preventing-diabetes.co.uk/gestational-diabetes/>

## AGE UK Supporting One Man's Journey to independence



**AGE UK** has been supporting a 74-year-old retired Jaguar worker from Coventry since early 2022. Living alone with little family support, he first reached out for help with housing issues due to mobility challenges and unsafe living conditions

### How AGE UK helped

- Secured ground floor sheltered accommodation
- Claimed Housing Benefit
- Accessed charitable funding
- Deep clean of new home

Unfortunately, the client later underwent a leg amputation as he had contracted gangrene. He is now in respite care, adjusting to life in a wheelchair. AGE UK continues to support him with

- Assistance in sourcing a mobility scooter
- Receive a deep clean for his new home
- Re-assessment of benefits

**AGE UK Coventry & Warwickshire is committed to helping older people live independently, with dignity and security**

Find out more by [clicking the Joy logo here](#)





## Social Care Service: Changing the Future

### Empowering children, young people & vulnerable adults

Every young person deserves to feel safe, be heard, and shape their own future.

#### Core Services

##### Mentoring Programme, **“Turn That Frown Upside Down”**

A trauma-aware, adult support system for young people facing

- Bullying
- Identity challenges
- Exclusion
- Emotional distress

##### Empathy Workshops, ***Walk a Mile in My Shoes***

Hands-on sessions that:

- Build empathy
- Tackle bullying culture
- Create inclusive environments in schools & organisations

#### **Together, we're creating...**

*Safe, inclusive spaces where trauma-informed care meets real youth empowerment, and where lasting change begins*

#### **Interested in joining?**

Speak to: **Abbie Fudge**, [email: abbie@changingthefuture.co.uk](mailto:abbie@changingthefuture.co.uk), Tel: 07359 061707

Web: <https://changingthefuture.co.uk/>

