

August 2025 Edition



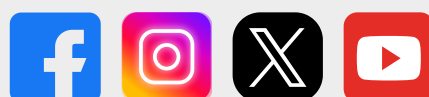
# Primary Care Network Newsletter

Welcome to the August edition of the  
GP Connect PCN Newsletter!

In this issue, we feature *Enhanced Access*, making it easier to see doctors at convenient times, the Patient Participation Group (Digital), where patients can share their views and help shape healthcare services

You'll also find highlights from our PCN Community Event, support for patients with diabetes through Xyla Health, and more, including

- an inspiring AGE UK case study
- the Changing the Futures service



@GPConnectPCN | [coventrygpconnectpcn.nhs.uk](https://coventrygpconnectpcn.nhs.uk)

# Enhanced Access

## *Making Appointments available after-hours*

**Enhanced Access** is a service we provide to allow patients book appointments after normal working hours

These extra appointments are designed to make healthcare more accessible and convenient for you



Our dedicated team of healthcare professionals are available to see you via this **Enhanced Access Service**

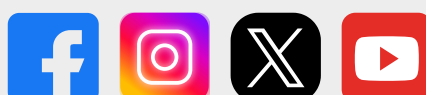
Just over 2000 appointments delivered since April.

They include

- **GPs**
- **Nurses**
- **Advanced Nurse Practitioners**

and other Clinicians. Bookable via your GP Practice

| Month        | Appointments Provided |
|--------------|-----------------------|
| April        | 487                   |
| May          | 538                   |
| June         | 489                   |
| July         | 514                   |
| <b>Total</b> | <b>2,028</b>          |



## Social Media – Our Digital Journey

It's hard to believe it's been nearly a year since we began sharing on social media, successfully launching multiple channels



*Facebook for longer, informative posts and interaction*

*Twitter (X) for quick, concise updates*



*YouTube for videos with event highlights and health messages, for staff and patients alike*

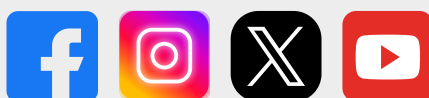
Our posts have received approximately 2,000 views across all platforms in the last three months

Scan for links



Timely, relevant information for patients and staff, from health tips to new service updates

***Follow us on all our channels to stay informed, healthy, and connected***



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## Our Digital Comms



Here's a few of our most viewed posts:



Our most viewed **Tweet** informed our viewers of the message from the ICB regarding Mounjaro

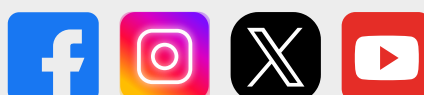


Our most viewed **YouTube video** was an informational video about *Integrated Neighbourhood Teams*



Our most viewed **Facebook post** informed patients about the RSV vaccine and who is eligible for it

Visit us on our channels by scanning here  
or click the icons below





# PCN Engagement Event Community Health & Wellbeing

[The Community Health and Wellbeing Event](#) on May 22 in Coventry was a success, connecting local residents with vital support services.

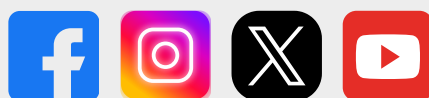
PCN Manager Saddam Hussain welcomed attendees, who enjoyed informative talks from various organisations like Thrive to Work and Compassionate Communities. The **Services Fair** allowed participants to interact with service providers, learn about resources, and chat together.

The event highlighted the strong support network in Coventry, and we're grateful to all contributors and attendees for making it a success.



[Watch a clip of the event here](#)  YouTube

[Join the email list](#) and follow our social media channels to get early notification of the next PCN Events [\[Link to email list\]](#)



# *Digital Patient Participation Group*

## *Get your voice heard!*

We're inviting patients to join our [GP Patient Participation Group \(Digital - DPPG\)](#), a forum where you can share your views and play a role in shaping the future of healthcare services.

We're aiming to improve access to care by using digital solutions such as text messaging and mobile apps alongside traditional services. This approach will offer more accessible options and enhance the patient experience

Your feedback is essential. You don't need to be experienced with technology to join, patients of all digital skill levels are welcome.

### **Some of the topics**

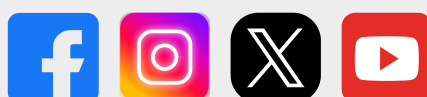
- Ensuring services are user-friendly for all
- Improving how we share information
- Exploring better ways to use technology
- Providing a direct platform for your ideas



[DPPG Info and Joining page link](#)



Register via our website or contact your GP Practice to get involved.  
Once registered, you will receive updates on meeting dates.



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# *Become a Practice Digital Navigator*

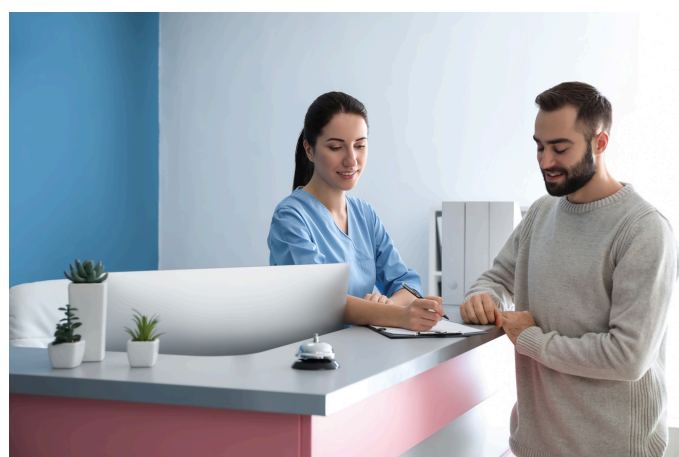
We're inviting **GP practice teams** to nominate a volunteer for the role of **Digital Navigator**. This enjoyable opportunity allows you to act as the key link between your practice and the **PCN Digital Team**.

As a **Digital Navigator**, you'll help ensure your practice's voice is heard, relay updates to your team, and support innovation by participating in digital trials. You don't need to be tech-savvy, just enthusiastic and willing to help.

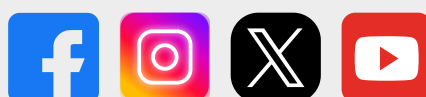
**Full support will be provided, and we promise to make the role fun and rewarding!**

If you or a colleague are interested,  
please contact the PCN Digital  
Team at

cwicb.coventrygpconnectpcnweb  
@nhs.net



**PCN**DigitalTransformation  
Team



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## *Xyla: A Healthier You*

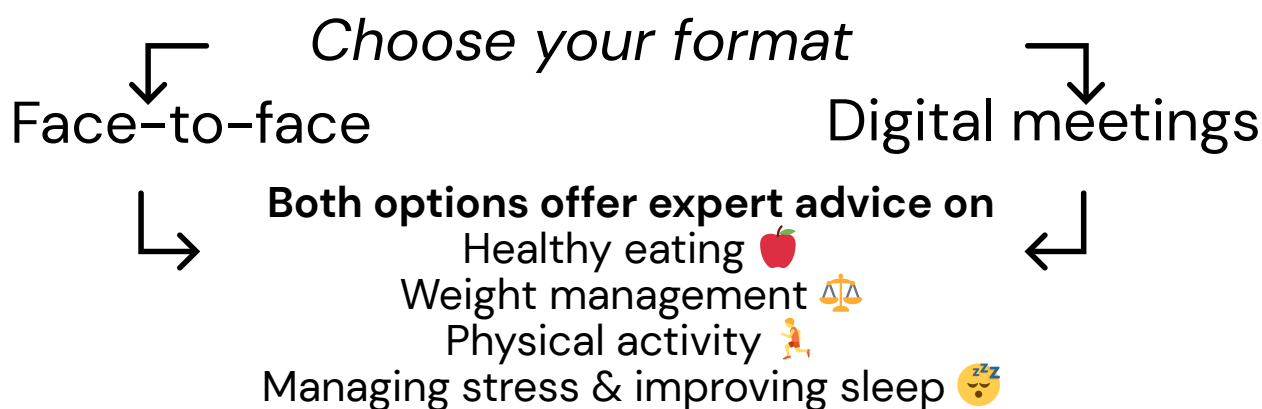
### Join the FREE Healthier You Diabetes Prevention Programme



**Make lasting changes to improve your health and reduce your risk of Type 2 diabetes**



The Healthier You NHS Diabetes Prevention Programme is a FREE nine-month, evidence-based lifestyle programme designed to help you make lasting changes to improve your health.



#### Who's Eligible?

- ✓ Aged 18+
- ✓ Not currently pregnant
- ✓ Registered with a GP in Coventry & Warwickshire
- ✓ Blood test within last 12 months:
  - HbA1c 42–47 mmol/mol (6.0–6.4%)
  - Fasting Plasma Glucose 5.5–6.9 mmol/l

#### Self-Register for Diabetes Prevention Programme today

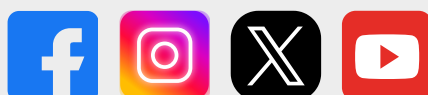


Call: 0333 577 3010



<https://preventing-diabetes.co.uk/referrers/coventry-warwickshire>

Or scan here →





## *Xyla: A Healthier You*

If you've had Gestational Diabetes, you're at higher risk of developing Type 2 diabetes. But there's good news: small changes can make a big difference!



You can join the digital version of the programme, tailored specifically for this group.

- No blood test needed
- No time limit since pregnancy
- Can self-refer during pregnancy (start after birth)

### Topics covered in the programme:



How diabetes develops & how to reduce risk



Enjoyable nutrition



Daily Movement



Sleep & stress balance



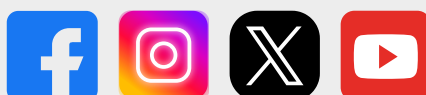
Long-term habits

[Click here](#)



**Self-Refer to the Gestational Diabetes Programme**

<https://preventing-diabetes.co.uk/gestational-diabetes/>



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## AGE UK

### Supporting One Man's Journey to independence



**AGE UK** has been supporting a 74-year-old retired Jaguar worker from Coventry since early 2022. Living alone with little family support, he first reached out for help with housing issues due to mobility challenges and unsafe living conditions.

#### How AGE UK helped

- Secured ground floor sheltered accommodation
- Claimed Housing Benefit
- Accessed charitable funding
- Deep clean of new home



Unfortunately, the client later underwent a leg amputation as he had contracted gangrene. He is now in respite care, adjusting to life in a wheelchair.

AGE UK continues to support him with:

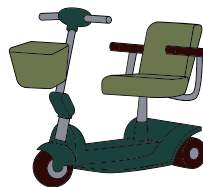
Re-assessment of  
benefits

Assistance in sourcing a  
mobility scooter

Receive a deep clean  
for his new home

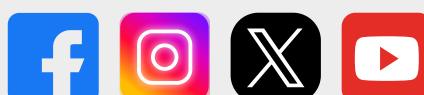


"Thank you so much, you are a star. You have helped me so much."



**AGE UK Coventry & Warwickshire is committed to helping older people live independently, with dignity and security.**

Find out more by clicking the  
[Joy logo here](#)



# Social Care Service: Changing the Future

## *Empowering children, young people & vulnerable adults*

*Every young person deserves to feel safe, be heard, and shape their own future.*

### Core Services

Mentoring Programme, **“Turn That Frown Upside Down”**

A trauma-aware, adult support system for young people facing:

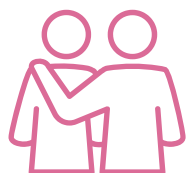
- Bullying
- Identity challenges
- Exclusion
- Emotional distress



Empathy Workshops, ***Walk a Mile in My Shoes***

Hands-on sessions that:

- Build empathy
- Tackle bullying culture
- Create inclusive environments in schools & organisations



**Together, we're creating...**

**Safe, inclusive spaces where trauma-informed care meets real youth empowerment, and where lasting change begins.**

“You should be so proud of yourself... for your strength and determination to help others...”  
— Maybelline New York HQ,  
Brave Together Mental Health Campaign”

### Interested in joining?

Speak to: **Abbie Fudge**

Tel: 07359 061707

email: [abbie@changingthefuture.co.uk](mailto:abbie@changingthefuture.co.uk)

<https://changingthefuture.co.uk/>

