

# HEALTH AND WELLBEING DAYS

## BROMLEY BY BOW HEALTH CENTRE



**8 APRIL**  
12-2pm  
**TUESDAY**

## XX PLACE HEALTH CENTRE



**15 APRIL**  
12-2pm  
**TUESDAY**

## WELLINGTON WAY HEALTH CENTRE



**22 APRIL**  
12-2pm  
**TUESDAY**

## ST ANDREWS HEALTH CENTRE



**29 APRIL**  
1-3pm  
**TUESDAY**

## ST PAUL'S WAY MEDICAL CENTRE



**13 MAY**  
12-2pm  
**TUESDAY**

Join us for

**HEALTH CHECKS**  
**CANCER SCREENING**  
**MONEY AND ENERGY**  
**ADVICE**  
**HEALTHY LIFESTYLES**  
**WORKSHOP for 50+**

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