

Danes Camp & Rillwood Medical Centres Carer's Pack



This pack contains the following:

- Carer's Identification and Referral form
- Carer's Information of records agreement form
- Carer's contact sheet
- Northamptonshire Carers Service explained

We are trying to identify and support as many
Carers as we can.

Who is a carer?

You are a carer if you provide regular and substantial support to either a child or an adult who cannot manage on their own at home. This may be because they have a physical disability, a learning disability, they have mental health needs, or they are ill or frail.

The practice may be able to help you as a carer by:

- Providing information and advice on medical conditions and treatments on the medical condition of the person you care for.
- Recording the fact that you are a carer into your medical records ensures that this fact is considered in your medical care. With your permission this fact can be disclosed if you have to be referred to the hospital for treatment and may impact on the levels of urgency with which you are seen.
- From time to time the government asks GPs to ensure that the risk groups such as carers receive vaccinations e.g., influenza.
- Arranging for the pharmacies to deliver prescriptions if required
- Putting you in touch with other sources of support and advice or assistance e.g., continence services, blue badge schemes.
- They will also let you know about the facility for requesting a carers assessment.

What is a carers assessment?

For many people the caring they do has a great effect on their lives and that of their family. A carer's assessment is a meeting with a professional worker where you can talk about how the care you provide affects you and your family. It is an opportunity to discuss what help you need, and what would help you stay well. Without support, carers may experience a number of difficulties including stress, anxiety, tiredness or even illness.

If you are a carer, you have the right to a carers assessment even if the person you care for does not want any services. You can ask social services for an individual assessment of your needs as a carer. You can make an application yourself to have this assessment carried out. Contact your local social services office at John Dryden House, Northampton for information or advice.

Carers Identification and Referral Form

Do you look after someone with a long-term illness, who is disabled, frail or suffers with dementia?

YOUR DETAILS:	
Name	
Date of Birth	
Address	
Postcode	
Home Phone	
Mobile Phone	
Signature:	Date:

DETAILS OF THE PERSON YOU LOOK AFTER:	
Name	
Date of Birth	
Address and Postcode (if different from above)	
Contact Telephone Number (if different from above)	
Relationship to me	
Brief details of medical condition or reason you are providing care	
Details of the GP practice where the person you care for is registered	

☐ We will refer you to the Carers Service for further information and support.
Please tick if you do NOT wish to be referred.

Agreement by a Patient to allow a Carer to have access to their Personal Details and / or Medical Records

Patient's Name	
Patient's Address and Postcode	

To: Danes Camp Medical Centre

I give permission for my Carer, (Carer's name:) to have access to my personal details and medical records held by the Practice.
(Details below)

Please tick which option is applicable below:

This permission relates to all my records.	<input type="checkbox"/>
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This permission relates to part of my records.		<input type="checkbox"/>
Please specify the parts of the record to which access is allowed and any areas which are specifically excluded.		

This permission relates to a specific condition		<input type="checkbox"/>
Please specify the condition.		

I understand that this permission will remain in force until cancelled by me in writing and that the doctor may override this authority at any time.

By signing below, I consent to the above information being recorded on my medical record.

.Print name: _____ Signed Patient: _____

Date: _____

Danes Camp Medical Centre

Rowtree Road, Northampton, NN4 0NY

Tel: 01604 709426

<http://www.danescampsurgery.nhs.uk>

Additional Carers Contact Sheet

RESOURCE	CONTACT NUMBER / DETAILS:
District Nurse Contact	Tel: 0300 777 0002
Emergency Dentist	Tel: 111
Northamptonshire Carers	Northamptonshire Carers Tel: 01933 677837 www.northamptonshire-carers.org
Alzheimer's Society	Tel: 0333 150 3456 www.alzheimers.org.uk
Age UK (Northamptonshire)	Tel: 01604 611200 www.ageuk.org.uk/northamptonshire
Arthritis Research UK	Tel: 0800 5200 520 – Monday – Friday 9am-6pm Arthritis UK A future free from arthritis
Citizens Advice Bureau (CAB)	Tel: Adviceline (England): 0800 144 8848 https://www.citizensadvice.org.uk/
Mind	Tel: 01604 634310 / 0300 123 3393 www.mind.org.uk Where we are: Anchor House, 6/7 Regent Square, Northampton NN1 2NQ
The Mental Health Services	Tel: 0800 448 0828
Carers UK	Provides a free "Carers Information Pack" which includes information about assessments and your rights as a carer. Tel: 0808 808 7777 https://www.carersuk.org/
Crossroads caring for carers	Provides paid, trained carer support workers to go into the home on a regular basis to give carers a break. Telephone: 0845 450 0350 Home Care for Carers
The Princess Royal Trust for Carers	Supports carers through its network of 115 independently managed Carers' Centres, outreach services and an interactive website www.carers.org Tel: 0300 772 9600
The Learning Disability Helpline (Provided by MENCAP)	24 hour confidential telephone service which offers information and advice for anyone with a learning disability, their family and their carers Tel: 0808 808 111 www.mencap.org.uk

The Benefits National Enquiry Line	<p>Provides advice and information on what benefits are available and if you are entitled to them. They can also send the benefits claims forms to you. As well as benefits in some cases they can help you access grants such as Community Care Grants which can help for things like traveling to see a relative. You can also download grant application forms from the website.</p> <p>Tel: 0800 88 22 00</p> <p>www.dwp.gov.uk</p>
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Useful Websites

- www.depressionalliance.org
 - www.mind.org.uk
 - www.mentalhelp.net
 - www.rethink.org
 - www.sane.org.uk
- www.youngminds.org.uk
 - www.carers.org
 - www.mencap.org.uk
 - www.dwp.gov.uk
 - www.carersuk.org
- [support services – Keep Your Head](#)

**Our Carers Leads at Danes Camp Medical Centre are:
Hannah Lindop Tel: 01604 876314**

Please contact your Carers Lead if you have any queries about our support for carers.