



SOCIAL PRESCRIBING ACTIVITY PROGRAMME 2025

Calling All Carers!

Are you supporting a family member, friend or neighbour that wouldn't manage without your support?

For our June Activity Programme, we're proud to be celebrating National Carers Week! Why not pop along to one of our Carers Drop-Ins to discover the range of support and services available to help you on your caring journey?

**Tues
10th June**

The Oaks Medical Centre Beeston 12:30-14:30

**Hickings Lane Medical Centre Stapleford
12 - 2 pm**

**Wed
11th June**

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11th June**

Stapleford Care Centre 1-3 pm

Bramcote Surgery 1 - 3 pm

**Thurs
12th June**

**Fri
13th June**

Abbey Medical Centre Beeston 10:30 - 12:30

Manor Surgery Beeston 13:30 - 15:30

**Fri
13th June**

No need to book just drop in to see us