



FULHAM FC
Foundation

FULHAM MEMORIES MONDAY CLUB

Supported by



Free weekly social sessions for older adults to stay active

JOIN US WEEKLY ON MONDAYS FROM 10:30AM FOR QUIZZES, GAMES
AND CHAIR BASED EXERCISE AT TUDOR DRIVE LIBRARY, KT2 5QH

See more:



To join our club, just turn up and join in. To find out more contact us
on **0203 871 0811** or health@fulhamfc.com