



# MARDEN NEWS

*The monthly newsletter from Marden Medical Practice July 2025*

## WEIGHT LOSS MEDICATIONS

Are you thinking about weight loss medications? Weight loss medications mimic gut hormones released after eating, telling the brain you are full.

Weight loss medication should be taken under medical supervision and only be used as part of a healthy, balanced diet and increased physical activity.

You should speak to a healthcare professional or search 'NHS obesity treatment' to find out whether these are right for you and how to access them.



### Thinking about weight loss medications?

Some patients may be able to access weight loss medications alongside guided weight loss support.



### Not everyone is eligible

There are eligibility criteria for getting these medications through the NHS.



### For treatment outside of specialist settings or hospitals

You must have a BMI of 40 or more **and** 4 of these weight related health conditions:

- type 2 diabetes
- high blood pressure
- heart disease
- obstructive sleep apnoea
- abnormal blood fats



### For treatment in specialist settings

If you are receiving care in a specialist weight management service, your healthcare professional will advise if these treatments are suitable.

#### Useful Numbers

Health Visitors 452300

District Nurses 277709

RSH 261000

Family Planning 283382

#### Pharmacies

Rowland's On Site

369446

Asda 276810

Sainsbury's 244744

Taylor - Radbrook

249931

Williams Co-op

344277

Conway 352352

Lunt's - Hereford Rd

351918

Boots - Pride Hill

351311

Rhodes 343998

Boots - Copthorne

350747

Lloyds - Riverside

344523

Tesco

845449

Pharmacy Express

245715

## Weight loss medications are not a 'quick fix'



These medications are most effective when used as part of a package including dietary support, regular physical activity, and clinical reviews - offered through the NHS.

## Where to find more information



Search online for 'NHS obesity treatment' to find out more.

## Optometry First



The new community-based Optometry First services, bringing eye care closer to people's homes, will be launching in Shropshire, Telford and Wrekin on Tuesday, 1<sup>st</sup> July.

The contract, commissioned by NHS Shropshire, Telford and Wrekin, has been awarded to Primary Eyecare Services, a not-for-profit primary care optometry organisation, following a tender process earlier this year.

It will deliver extended eye care services through networks of optometry practices across the county. **This will include a new Community Minor and Urgent Eyecare Service (CUES) which will replace the current Minor Eye Care Service (MECS) provided by CHEC (more information about this service will be shared shortly).**

It will mean that people can access services more conveniently and closer to home, reducing the time and expense currently spent on travelling to appointments, whilst at the same time investing in community services and easing some of the pressure on the busy hospitals.

The new model of care will roll out from 1<sup>st</sup> July as part of a phased launch, and will include:  
Community Minor and Urgent Eyecare Service (CUES):  
Enhanced cataract referral and post-operative assessment:  
Integrated Children's Eye Care Service and post-vision screening support:  
Medical retina referral filtering and monitoring:  
Glaucoma enhanced case finding, repeat readings and monitoring.

Primary Eyecare Services currently provide services in the bordering areas of Cheshire and Merseyside, Staffordshire and Stoke-on-Trent and Herefordshire and Worcestershire, and work closely with Shropshire Local Optical Committee (LOC).

### Contact Information

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