

# Reduce your risk of type 2 diabetes

Do you know if you are at risk of developing type 2 diabetes?

Would you be interested in a free programme that has helped more than 500,000 people in England to reduce their risk of type 2 diabetes?

Enrol here:

<https://bit.ly/CommunityHub300625>

Venue: **Community Health Hub**

Dunstable Community Halls,  
Manchester PI, Dunstable,  
LU6 1HT

Date: 30/06/2025

Time: 11am- 12noon

*(drop-in, presentation at 11:30)*

**Info call: 07977 658 277**



**Service provided by**

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