



Weight Loss Injections



Important Notice

Weight Loss Injection (Mounjaro) on the NHS

23rd June 2025

It has been advertised you can get the Weight Loss Injections on the NHS. Calculations say that there will be 220,000 patients UK wide that will qualify. Statistically that means from the approximately 5,000 patients registered at Lees Medical Practice only around 15 will qualify and some of those might already be on weight loss medication.

What does this mean?

Access to general practice is difficult and resources are limited, therefore we would like to avoid booking unnecessary appointments for patients that do not qualify for Mounjaro injections, as this would block access to patients that are unwell and need to be seen by a doctor.

Criteria for Qualification

The criteria to qualify is as follows:

- BMI of 40 or more (you need your Weight and Height to find out your BMI)**

If you wish to calculate your BMI please follow this link.

[🌐 Calculate your body mass index \(BMI\) for adults - NHS](#)

If it is not above 40 please do not book an appointment to request the injection as you do not qualify on the NHS. You may book to discuss other weight management options with our Health Care Assistant.

If BMI is above 40 then you will also need to have been diagnosed with four of the following five criteria

1. Diagnosed hypertension
2. Diagnosed sleep apnoea
3. Diagnosed type 2 diabetes
4. Diagnosed cardiovascular disease
5. Diagnosed hypercholesterolemia

If you do not have a BMI above 40 and four of the conditions above your GP will not be able to prescribe you Mounjaro for weight loss. (Based on the current guidance). Hence, we request that appointments are **not** booked for this purpose.

Greater Manchester Position On Prescribing Mounjaro

Even if you qualify, at the moment Mounjaro is still unavailable for prescribing in primary care for weight loss in Greater Manchester until the wraparound model and service specification have been formally approved.

Please see <https://gmintegratedcare.org.uk/weight-management-in-greater-manchester/> for further details.

Further Updates

We will update our patients as soon as new guidance becomes available. In the meantime, if you have questions about weight management, please

Speak to one of our clinicians or visit the [NHS weight loss support page](#)

