# **Newsletter from Friends of Leacroft**



| The voice of Leacroft Medical Practice's Patients |

|Our health and well-being matter| **Email:** fol@friendsofleacroft.org

May-2025

### FOL FILM CLUB – A SATURDAY MATINÉE FOR FOLKS WHO LOVE A GOOD STORY

Looking for a way to break the routine, meet new people, and enjoy a great film? Join the Leacroft Film Club, a free monthly matinée hosted at the Leacroft Medical Practice on the last Saturday of every month. Please see the films scheduled in the Diary Events below.

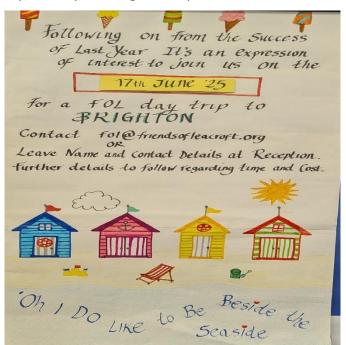
We showcase classic films, hidden gems, and powerful stories that resonate—tales of friendship, resilience, growth, and life's ups and downs. The atmosphere is relaxed, featuring light snacks, engaging conversation, and no pressure—just come and enjoy the show.

This event isn't just for film enthusiasts; it's for anyone who appreciates a good story and some company. Some attendees stay after the film to share memories, discuss what resonated with them, or simply have a laugh, while others prefer to sit back and soak it all in. Either way, you're welcome.

If you've been feeling a bit isolated, this could be your perfect reason to step out. Remember, it's on the last Saturday of the month. No fuss, no cost—just films, friendship, and a warm seat waiting for you.

## **Brighton Trip Update**

This year, the Brighton Day Trip takes place on Tuesday, 17/6/2025, starting at 10:00AM at Three Bridges Rail Station. Please register your intertest by email or at the reception. Participants will pay £5 for a return rail tickets on the day. Please also note that the regular Coffee Moring on this date is replaced by this Brighton Trip.



# Care Teams - Working Together for You

Continuing with the theme of introducing the different teams working at Leacroft Medical Practice, this issue focuses on the two dedicated teams work side by side to support your health and

well-being. The Primary Care Network (PCN) team includes nurses, pharmacists, physiotherapists, mental health coordinators and health coaches. They work across several nearby practices, helping prevent illness, manage long-term conditions, and ensure patients see the right person at the right time. The Practice Healthcare Team includes trained staff such as Healthcare Assistants (HCAs), General Practice Assistants (GPAs), Clinical Pharmacists and Care Coordinators. They carry out health checks, take blood samples, give vaccinations, support with medications, and help coordinate care for patients with complex needs. While the two teams have different areas of focus, their work complements each other. By sharing their skills and working together behind the scenes, they help make sure your care is joined-up, safe, and tailored to your needs. You may not always see every member, but together they help keep things running smoothly for you.

### **Patients' Diary Events May-2025**

Dates	Time	Event	Venue
Every Thursday morning	From 10.00am	Our weekly Social stroll is open to all patients and is subject to weather conditions	Meet outside the surgery
Wednesday 7 <sup>th</sup>	2.00pm - 3.30pm	Afternoon Tea at the Revive Café	The Charis Centre, West Green RH11 7EB
Tuesday 20 <sup>th</sup>	10.00am - 11.30am	Coffee morning with CAB Energy Adviser as a Guest Speaker	The Surgery
Saturday 31 <sup>st</sup>	10.45am	Film The Second Best Exotic Marigold Hotel – Please leave your name with the reception. Hot drink and cake provided by the surgery. Future screenings:  June - Paddington 2  July - Pretty Woman  August - The World's Fastest Indian	The Surgery