

Newsletter from Friends of Leacroft

| The voice of Leacroft Medical Practice's Patients |

| Our health and well-being matter | Email: fol@friendsofleacroft.org



LEACROFT
Community Hub

August-2025

A New 10-Year Health Plan for England: What It Means for You

The Government has launched a new **10-Year Health Plan** to improve the NHS in England and make sure everyone gets the healthcare they need. This plan sets out how things will change over the next 10 years.

The plan includes **three big changes**:

1. **Moving some services from hospital to community** – You will be able to see a GP or healthcare staff more quickly, get same-day appointments when needed, and have better access to local services and hospitals.
2. **Improving digital services and the NHS App** – Your health information will be stored in **One Single Patient Record**, helping staff give you the right care faster. The **NHS App** will be improved so you can book appointments, check medicines, and get personal health advice any time of day, using smart computer systems.
3. **Focusing more on prevention rather than treatment** – The NHS will collaborate with schools, workplaces, and councils to support healthier lives. There will be more help to eat well, exercise, stop smoking, and drink less alcohol.

The NHS also promises to support its staff better and give everyone **good, honest care**.

For more, visit: gov.uk/10-year-nhs-plan

Patients' Diary Events August-2025

Dates	Time	Event	Venue
Every Thursday morning	From 10.00am	Our weekly Social stroll is open to all patients and is subject to weather conditions	Meet outside the Surgery
Wednesday 6 th	2.00pm - 3.30pm	Afternoon Tea at the Revive Café	The Charis Centre, West Green RH11 7EB
Saturday 9 th	From 10.00am	Trial Saturday Social stroll – subject to weather conditions	Meet outside the Surgery
Tuesday 19 th	From 10.00am	Coffee morning with Bingo and catch up at the surgery.	The Surgery
Saturday 30 th	10.45am	Film The World's Fastest Indian – Please leave your name with the reception. Hot drink and cake provided by the surgery	The Surgery

All events are free and open to all Leacroft patients.

Celebrating Patient Experience at Leacroft Medical Practice

We are pleased to share the latest 2025 National GP Patient Survey results, which reflect the dedication and care shown by all the staff here at Leacroft Medical Practice.

· **78% of patients rated their overall experience as good**, placing us above both the national and regional averages. From friendly reception staff to responsive follow-ups, it is clear the practice has been delivering high-quality care that truly meets patient needs.

· **74% of patients felt they waited the right amount of time**, and **78% were offered a choice of time or day**—a testament to the team's commitment to access and flexibility.

· Healthcare professionals also received glowing praise, with **90% of patients feeling cared for**, and **92% expressing confidence and trust** in their consultation.

A huge thank you to every member of the team for making this possible. Your efforts shine through in every interaction.

Let us keep improving together.

Seaside Smiles: A Day of Sunshine and Memories

Brighton beckoned, and our patient group of seventeen answered! This June, we traded meeting rooms for sea breezes, transforming a tea and coffee session into an extraordinary adventure. Some explored the Marina's delights, while others enjoyed the classic pier atmosphere. Our beloved "Captains" fish and chips did not disappoint – a tasty trip down memory lane! Sunshine embraced us, and laughter echoed as some brave souls rediscovered childhood joy on the carousel. People-watching became our unofficial sport, with cold drinks and warm companionship making every moment special.

An impromptu pier gathering for ice cream sealed our day perfectly and keep our spirits high. Roll on next year – more patients, more memories, more vitamin D! Even more, the trip is partly funded by Friends of Leacroft. Sometimes, fresh air and good company are the best medicine.

The Saturday Stroll Returns!

The debut of our Saturday Stroll on 12/07/2025, was an encouraging start, drawing participants young and old alike. Thanks to your enthusiasm, we are extending the trial series with a second outing:

- Date: Saturday 09/08/2025
- Time: 10:00 AM start (meet outside the surgery)
- Route: A gentle stroll with a stop for a refreshment

Mark your calendars and invite friends and family—let us keep moving together!

For further information please email us at: fol@friendsofleacroft.org