

# Newsletter from Friends of Leacroft



| The voice of Leacroft Medical Practice's Patients |

| Our health and well-being matter | Email: [fol@friendsofleacroft.org](mailto:fol@friendsofleacroft.org) |

Autumn-2025

## Getting the Best from Your GP Practice – From Autumn 2025

Your GP practice is here to support your health and well-being. Practices are normally open 8am-6.30pm, Monday to Friday, and you can get in touch by phone, online, or in person. Some offer longer hours.

**When the Practice is Closed** - For urgent care (not an emergency), call 111 or visit [111.nhs.uk](https://111.nhs.uk). **For life-threatening emergencies**, dial 999 or go to A&E.

**What to Expect?** When you contact your practice, they must tell you within one working day what happens next. This could be an appointment, a phone call, a text message, some advice to use another NHS service. **Your practice cannot ask you to** “just call back tomorrow.”

**Working Together** - Patients and practices share responsibility. Be prepared, be on time, cancel if needed, and order repeat prescriptions on time.

For full details of your rights and obligations, see NHS England's “You and Your GP” guide. [NHS England » You and your general practice](#)

## Patients' Diary Events Autumn-2025


Dates	Time	Event	Venue
Every Thursday morning (*)	From 10.00am	Our weekly Social stroll is open to all patients and is subject to weather conditions	Meet outside the Surgery
First Wednesday of the month	2.00pm - 3.30pm	Afternoon Tea at the Revive Café	The Charis Centre, West Green RH11 7EB
Third Tuesday of the month	From 10.00am	Coffee morning with Bingo and catch up at the surgery.	The Surgery
Last Saturday of the month : Social – Coffee, Cake & a Film	10.45am	October: “Ghostbusters for children” November: “Thursday Murder Club” December: “Miracle on 34 <sup>th</sup> Street”	The Surgery
Tuesday 28/10/2025 Patients Annual General Meeting	18:00	Friends of Leacroft and Patients Annual General Meeting.	The Surgery
Parent & Baby Coffee Morning Wednesday 12/11/2025	10:30am	Parent & Baby Coffee Morning: Informal peer support about Parents and Babies.	The Surgery

**All events are free and open to all Leacroft patients.**

(\*) Extra Saturday strolls for 11/10/2025 & 15/11/2025

## You're Invited!

### Join us for the 1<sup>st</sup> Friends of Leacroft Annual General Meeting

 **Tuesday, 28 October 2025** -  **6:00 PM** -  **Leacroft Medical Practice**

With nearly 16,000 patients and thousands of monthly appointments and prescriptions, your voice matter more than ever. Friends of Leacroft is your patient-led group working alongside the practice to improve care and well-being for all. Come and meet the team, share your ideas and help shape the future of our community. We're also welcoming new volunteers—no experience needed, just your passion!

 **Questions or RSVP:** [fol@friendsofleacroft.org](mailto:fol@friendsofleacroft.org)

## Winter Warm Up Event

The annual Winter Warm Up which is taking place at K2 Crawley on Thursday 16/10/2025, from 10:30am to 3:30pm. It is always a popular event, a chance for older people and people with disabilities to come along and try out a few free activities, meet a wide range of organisations and have a free lunch.

## Autumn Safety Care!

**Watch your step—wet or piled leaves can hide hazards and be slippery. Wear sturdy shoes, take smaller steps and stay visible. Clear pathways when possible and use handrails to prevent falls, slips, trips, and injuries. Let's stay safe this season.**

