

Newsletter from Friends of Leacroft



| The voice of Leacroft Medical Practice's Patients |

| Our health and well-being matter | Email: fol@friendsofleacroft.org |

September-2025

Leacroft Medical Clinics and Services Hub!

Leacroft Medical Practice offers a wide range of Clinics and Services to keep you healthy. If you have no internet access, this guide summarises the support available, ensuring you know where to turn for medical help when you need it.

Clinical Pharmacist – Medication Reviews: The pharmacist offers expert reviews to ensure your prescriptions are safe and effective, helping to simplify your treatment and check for side effects.

Doctor's Clinics: Our GPs provide diagnosis, treatment, and ongoing care. Whether it's a new concern or a long-term condition.

Frailty Nurse: Our Frailty Nurse offers tailored assessments and fall-prevention advice to help patients remain active and independent.

Health Coaching: This service empowers you to set achievable health goals and make sustainable lifestyle changes with practical tips and motivational support.

Healthcare Assistant Clinics: Our assistants handle essential checks like blood pressure monitoring and blood tests, keeping your health records up to date.

Practice Nurse Clinics: Our nurses manage chronic disease reviews, vaccinations, and travel health advice, providing preventive care close to home.

Social Prescribing: This service connects you with local resources to help with non-medical issues like loneliness or housing, supporting your overall wellbeing.

Not sure who to see? Speak to Reception — we'll book you with the right clinician.

Patients' Diary Events September-2025

Dates	Time	Event	Venue
Every Thursday morning	From 10.00am	Our weekly Social stroll is open to all patients and is subject to weather conditions	Meet outside the Surgery
Wednesday 3 rd	2.00pm - 3.30pm	Afternoon Tea at the Revive Café	The Charis Centre, West Green RH11 7EB
Tuesday 16 th	From 10.00am	Coffee morning with Bingo and catch up at the surgery.	The Surgery
Saturday 6 th	10.45am	Film "The World's Fastest Indian"	The Surgery
Saturday 27 th	10.45am	Film "Remains of the day" Please leave your name with the reception. Hot drink and cake provided by the surgery	The Surgery

All events are free and open to all Leacroft patients.

What Is Your DNA?

In July, our practice saw a 14.5% rise in missed appointments. Each one represents a moment lost—where another patient could have received care, advice, or reassurance. Friends of Leacroft would like to appeal to all patients: **if you no longer need your appointment, please cancel it.** It's a simple act of kindness that helps others access the care they need. You can cancel by:

- Using the link in your text reminder
- Visiting our website
- Calling the practice directly

If your appointment is today, please call the practice immediately. The practice required at least **one hour's**

notice to re-use the slot. Cancellations made less than an hour before will be marked as **Did Not Attend (DNA)**. Let's work together to make every appointment count—for you, and for the community we care for. ❤️

Important Information on Seasonal Covid-19 and Flu Vaccinations

Leacroft Medical Practice will be offering both Covid-19 and flu vaccination appointments at the practice starting from 01/10/2025. Eligible patients will receive a text message in September 2025 with an invitation and a link to book an appointment. We encourage patients to check their eligibility on the NHS

<https://www.nhs.uk/vaccinations/> or by calling 119.

Patients' AGM: The patients' AGM tentatively is on 28/10/2025 at the surgery at 6.00pm. Stay Tuned!