


# CRADLEY SURGERY


Official Newsletter


Dr P Clegg & Dr C Spruce


## Important Information regarding Tax Credits


Tax credits to end on Saturday 5 April 2025 

 People currently receiving tax credits from HMRC will no longer get this payment after Saturday 5 April 2025.

 This means patients who hold a tax credit exemption certificate will no longer receive automatic entitlement to free NHS prescriptions.

 The FP10 form will be updated to remove reference to the tax credit exemption certificate.

 People receiving tax credits are being moved to Universal Credit. To continue being entitled to free NHS prescriptions, they must meet the Universal Credit criteria for help with health costs.

 Patients can check that they are entitled to help with health costs before they claim. Patients can use the eligibility checker to find out what they could be entitled to. It usually takes three minutes to check.

[www.nhs.bsa.nhs.uk/nhs-penalty-charges-and-enquiry-letters](http://www.nhs.bsa.nhs.uk/nhs-penalty-charges-and-enquiry-letters)

[NHS penalty charges and enquiry letters](#) | [NHSBSA](#)

## Happy Easter!

From all the team here at Cradley Surgery, we'd like to wish all our patients a happy (and healthy!) Easter.





## Couples Therapy for Depression (CTfD)

NHS Herefordshire and Worcestershire Talking Therapies are offering Couples Therapy for Depression (CTfD) to patients in Herefordshire and Worcestershire.

CTfD may be suitable for patients struggling with mild to moderate depression, where their relationship is maintaining or causal factor.

To access the therapy, the couple must:

- Have been together at least 6 months.
- Both want to make changes to improve their relationship
- Both want to engage in the treatment

The therapy is not suitable for couples:

- Where one or both people are under the age of 16.
- Who have a coercive or abusive relationship
- Where one of the partners is at risk of harm to themselves or others.

Patients can either self-refer to the service via the Talking Therapies website or GP's and professionals can submit a referral on their behalf.

More information on the service can be found on the Couples Therapy for Depression- Talking Therapies webpage.

[Couples Therapy for Depression \(CTfD\) | Talking Therapies](#)

## SPOTLIGHT ON:

### Online Services

Just a reminder to patients to please take full advantage of our online services, you can contact the surgery or book appointments when it is convenient for you, without having to wait on the phone!

Please use the NHS app to book blood tests (online). You can also use the NHS app to order repeat prescriptions and to cancel an upcoming appointment.

We would like to remind patients to use our Online Consultation tool, which is available on our website. This is a great help to our doctors as you, the patient, can provide as much information as you wish (in your own words) as well as freeing up our phone lines for urgent enquiries.

Please note these will be read by a member of the team within 3 working days. Do not use for urgent matters.