



VOL. 2 ISSUE 12 MAY 2025

CRADLEY SURGERY

Official Newsletter

Dr P Clegg & Dr C Spruce

SAVE THE DATES- COVID SPRING BOOSTERS

We will be holding in house clinics for eligible patients here at the Surgery.

The clinics will be held during the first 2 weeks of May.

You are eligible if:

- o You are aged 75 years old or over
- o You live in a care home for older adults
- o You are aged 6 months old or over and are immunosuppressed

These are our only planned clinic dates, please try and attend if you can.

If you cannot attend these dates you will be asked to book elsewhere to receive your Spring Booster.

Spring Boosters

Disclaimer

***Please be aware we may have to change the dates at short notice due to circumstances out of our control, such as if there are any difficulties receiving the vaccines from the NHS.**

Sadly we aren't in control of when the vaccine will be delivered to us*



Screenings

Cervical Screenings

Cervical screening to pick up early precancerous changes in the cervix is offered to all women aged 25 to 64. The actual procedure is just the same, but we no longer look at cells under the microscope. Instead the lab procedure looks for evidence of the cause of cervical cancer; the Human Papilloma Virus. This is why the name has changed from a 'smear' to 'screening'.

Bowel Screenings

We're always surprised by the (admittedly small) number of our patients (aged 60-74) who don't use the government postal bowel screening. Bowel cancer is number four in cancer frequency in the UK (after breast, prostate and lung). The screening is easy and you don't even have to leave your home

A polite message from our Dispensary team and GP's

We wish to make patients aware the paper prescriptions brought to dispensary from other providers will require up to 3 working days for processing.

Please do not put pressure on the Dispensary team to process these scripts more quickly. Such prescriptions require additional processing including input from a GP. This is beyond control of the Dispensary team. We thank you in advance for your understanding.

Dr Spruce & Dr Clegg

SPOTLIGHT ON:

Mental Health Awareness Week

Mental Health Awareness Week 2025 will take place from 12th to 18th May, on the theme of "Movement: Moving more for our mental health".

Being active is important for our mental health. But so many of us struggle to get enough exercise.

We know there are many different reasons for this, so this Mental Health Awareness Week we want to help people to find moments for movement in their daily routines.

Going for a walk in your neighbourhood, putting on your favourite music and dancing around the living room, chair exercises when you're watching television – it all counts!