

Pershore Medical Practice

Patient Newsletter – July 2025

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Partners:

Dr Paul Ferenc

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Natasha Beynon-Brown (ANP)

Doctors:

Dr Emma Axon

Dr Ella Bosmith

Dr Bruno Onyeagoro

Dr Chris Okowi

Dr Disha Sinha

Dr Salman Ali

Dr Stuart Coles

Dr George Williams GP Registrar

Dr Youssef Attia GP Registrar

Surgery Opening Hours:

Monday to Friday 8am – 6.30pm Dispensary opening Hours:

Monday to Friday 8am – 1pm and 3pm – 5.30pm.

If you find yourself unable to attend an appointment, please notify the surgery as soon as possible. This will enable us to use this time for other patients. Thank you.

What were staff doing in May at the Practice?

Reception answered 3113 calls
Dispensary issued 13,451 medications
We received, read, actioned & filed 2481 tests
We offered 6449 appointments

We received, read, actioned and filed 3615 letters for patients Sadly, we had 109 appointments wasted due to DNA's



July hosts Alcohol Awareness Week

This year's Alcohol Awareness Week takes place from 7-13 July 2025 on the theme of **alcohol and work.** As part of the week, Alcohol Change UK will be opening a conversation about the relationship between alcohol and work to help us better understand it and sharing some helpful tips and advice on changes we can make to improve things for us all.

Around 10 million of us are regularly drinking alcohol in ways that can harm our health and wellbeing. From headaches, hangovers and sleepless nights to lower productivity and symptoms like anxiety and depression worsening over time, alcohol affects us in so many ways.

But how many of us have stopped to think about the impact of the work we do on our risk from alcohol? With longer hours, more stress, the blurring of lines between work and home, and too many workplace cultures that place booze rather than

people at the centre of things, there are so many ways work and alcohol are linked.

This Alcohol Awareness Week, it's time for us, and the places we work, to feel healthier, more productive and happier. For more information and access to support, please follow this link: <u>Alcohol Awareness Week | Alcohol Change UK</u>

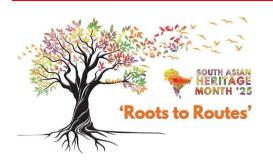
Our next NHS App hub session will take place on Friday 1 August , 9 til 12.

We can help you set up the App, show you how to view your health record, see recent test results and order repeat prescriptions all from the comfort of your own home. Please bring your selected smart phone or tablet and a form of identification to confirm your identity for setting up the App. If you can't make that one then come along on Friday 4 July, 9 til 12.









South Asian Heritage Month takes place from 18 July to 17 August. Their theme this year is 'Roots to Routes'.

SAHM seeks to commemorate, mark and celebrate South Asian cultures, histories, and communities.

The month seeks to understand the diverse heritage and cultures that continue to link the UK with South Asia.

For more information, please check out this link : <u>South Asian Heritage</u> <u>Month</u>



If you are attending the PSA clinic on Saturday 12 July, there is free parking in the car park.

Don't forget to use our health hub to get an accurate height, weight and blood pressure reading to give back to your doctors.



Repeat Prescriptions

We are currently conducting a review of our dispensary phoneline. NHS guidelines state that the ordering of repeat medicines should NOT take place over the phone.

If you need to re-order your medicines, please either:

a. Use the NHS App

Or

b. Pop the repeat ordering slip into the white post box by our front door which is accessible 24/7 (please note if used after 6pm Monday – Friday, it will not be processed until the next working day) or use the wooden box on the dispensary hatch.

<u>Dispensing Patients</u>: When picking up your medicines, you can ask to reorder them for the next month with one of our Dispensers.

Non-Dispensing Patients: Speak to your Dispensing Pharmacy or drop off your repeat slip with them.

For those of you paying for your prescriptions, do consider purchasing a Pre-Payment Certificate – it can save you money! <u>Save money with a prescription prepayment certificate (PPC) - NHS</u>

We recognise that some of our patients will have difficulty with this.

Please let us know when re-ordering how we can best help you. Thank you for your understanding.

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