

Singing for the Brain Trafford



Every first and third Friday, 1pm—2.30pm

Humphrey Park Community Centre, Humphrey Lane, Urmston, M41 9PT

To find out more and to book a place please contact:
Rebecca Trower 07702 512 469 or rebecca.trower@alzheimers.org.uk

You can also call the Dementia Support Line on 0333 150 3456

 **Alzheimer's Society**
Together we are help & hope for everyone living with dementia

We meet on first and third Friday of each month from 1pm - 2.30pm. We have refreshments from 1pm and singing starts at 1.30pm.

January 10 and 17

February 7 and 21

March 7 and 21

April 4 and 11

May 2 and 16

June 6 and 20

July 4 and 18

August 1 and 15

September 5 and 19

October 3 and 17

November 7 and 21

December 5 and 12

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