

Flixton Road Medical Practice

Health Talks Feedback Report

Event Titles

1. **Event Name: Men's Health events, prostate cancer, and you**
 - Date of Event: 9 April 2025
 - Location: Flixton Road Conservative Club, 193 Flixton Road, Urmston, Manchester M41 5DF
 - Number of attendees: 70
2. **Event Name: Prostate cancer and you/Problems peeing when to seek advice**
 - a. Date of Event: 18 June 2025
 - b. Location: Flixton Road Conservative Club, 193 Flixton Road, Urmston, Manchester M41 5DF
 - c. Number of attendees: 30

Number of Feedback Responses: 23

Demographic: Predominantly male attendees, aged 51–90+

1. Attendance & Demographics

- Registered patients: 22 out of 23 responses were from individuals registered at Flixton Road Medical Practice.

- Gender: All respondents identified as male.
- Age Range: 51 to 90+, with the majority aged 60–77.

2. Quantitative Feedback Summary

Feedback Question	% Strongly Agree	% Agree	% Neutral	% Disagree	% Strongly Disagree
The talk was informative and easy to understand	78%	17%	4%	0%	4%
The presenter(s) communicated clearly	70%	17%	4%	4%	4%
I feel more informed about my health after this talk	78%	17%	4%	0%	0%
The session was well organised	70%	13%	13%	0%	4%
I would attend future talks like this	74%	13%	9%	0%	4%

Key Insight: The majority found the talk highly informative and well-structured. A small minority had issues hearing or engaging with the presentation.

3. Qualitative Feedback Themes

What Attendees Found Most Useful

- Prostate cancer awareness was frequently cited as the most valuable topic.
- Attendees appreciated clear illustrations, interactive elements, and concise information.
- References to Andy Man's Club and lifestyle interventions (diet, alcohol, smoking) were also positively received.

Suggestions for Improvement

- **Audio clarity:** Multiple attendees noted difficulty hearing speakers and recommended the use of microphones. - **Note that a roving mike was available for the event held on 18 June 25**
- **Visual presentation:** Several suggested using a proper **projector screen** to avoid unclear visuals on uneven surfaces. - **Note that the screen was repositioned for the event held on 18 June 25**
- **Venue access:** One attendee expressed concern regarding **stair access**, highlighting the need to consider accessibility for those with mobility issues.

Additional Suggestions

- Include testimonials from patients with lived experiences.
- Provide handouts or copies of illustrations used during the session.

4. Future Topics of Interest

Attendees expressed interest in the following areas:

- **Heart health** (7 mentions)
- **Nutrition and diet** (8 mentions)
- **Diabetes care** (5 mentions)
- **Mental wellbeing** (2 mentions)
- **Sciatica and back problems**
- **Leukaemia**

Insight:

There is a clear preference for practical, lifestyle-related topics and management of chronic conditions.

5. Willingness to Engage Further

- Yes to future contact: 18
- Maybe: 3
- No response: 2

6. Recommendations

To improve future events, the following actions are recommended:

- Ensure venues are **fully accessible**, particularly for elderly or disabled attendees.
- Share **printed or digital handouts** to support the retention of information.
- Improve **communication and invitation tracking** to ensure all intended participants are notified in advance.

7. Conclusion

These health talks were well received by attendees, with strong engagement and satisfaction reported. The sessions increased awareness and understanding of prostate health and related concerns. Participants indicated a strong interest in attending future events, especially those covering heart health, diabetes, and nutrition. Implementing the suggested improvements will help ensure future sessions are more inclusive, accessible, and impactful.