

Community Kitchen Timetable

<u>Monday</u>	High Town coffee morning	Clothing for people in financial difficulty, children's activities, board games mini food bank free refreshments.	Mondays 9.30 - 12(excluding bank holidays) Hightown Baptist Church, Reginald Street, Luton, LU2 7QZ
	Dallow Road Soup Kitchen		Every Monday 1-3pm Dallow Community Centre, 234 Dallow Road, Luton, LU1 1TB https://www.crisisaid.org.uk/luton-soup-kitchen/
	Go Dharmic hot food distribution.		Every Monday 6:15pm Near the Town Hall, George Street, Luton LU1 2BQ
	Cooking Club	Youth Club, cooking on a budget. A chance to make healthy meals on a budget.	Mondays 3.30 - 5.30 pm Central Baptist Church. Cumberland Street Entrance LU1 3ET 10 - 18 year old can be independent. 6+ accompanied by an adult.
<u>Tuesday</u>	Food Cycle Luton	Come and enjoy company and conversation with others from your local area over a delicious meal, prepared with care by Food Cycle volunteers.	Every Tuesday 6pm Hightown Baptist Church, Reginald Street, Luton, LU2 7QZ https://foodcycle.org.uk/location/foodcycle-luton/
	Youthscape	We run youth programmes every afternoon during term-time for young people aged 11-19 . Meal provided	Term time Tuesday to Thursday 74 Bute St, Luton LU1 2EY 01582 877220
<u>Thursday</u>	Empowering Education Weekly Food Kitchen	Call on the Wednesday before 12.00 noon to pre book.	Every Thursday 5 -6.30 74 Dallow Road LU1 1LY 07555 72698

<u>Friday</u>	Discover Islam Curry Kitchen	Curry Kitchen, as well as Warm Clothing and Uniform exchange Call Friday mornings to book 01582 452356	Every Friday 6:30pm 37c Upper George Street LU1 2RD discover-islam.co.uk/contact
<u>Saturday</u>	Liberty House Soup Kitchen	We are local church supporting homeless and those in need with our soup kitchen.	Every Saturday 6-8pm 83, George Street, LU1 2AT Rui Machado 07732684697
	UCKG Soup Kitchen	Soup Kitchen	Saturdays at 11am-12:30pm 15 Church St. Luton LU1 2AZ
	GoDharmic hot food distribution	Hot food	Saturday Every 2 weeks 12-1pm Near the Town Hall, George Street, Luton LU1 2BQ info@godharmic.com
	Liberty House Soup Kitchen	We are local church supporting homeless and those in need with our soup kitchen.	Every Saturday 6-8pm 83, George Street, LU1 2AT Rui Machado 07732684697
<u>Sunday</u>	Luton Sikh Soup Kitchen	vegetarian food bag containing a hot meal, a can of soup, a loaf of bread, fresh fruit, a scone, and bottle of water.	Every Sunday 5:30pm 2A Dallow Rd, Luton LU1 1LY

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