

PHOENIX SUNRISERS PCN

SPRING Newsletter : May 2025



Phoenix PCN Luton

TRANSCEND | TRANSFORM | TRIUMPH

We at Phoenix, aim to be at the forefront of the transcending model of health care from that old reactive Primary Care, GP Practice Model to a new collaborative *Primary Care Network Model*.

Our Mission is to transform our teams and patients to manage their health & wellbeing, proactively & holistically. To empower GP practices in innovating ways that will ease the burden on their workforce whilst at the same time improving access for patients to the right health care professional.

This evolving model of health care has a vision to not only triumph in our mission to accomplish this transformation but to cascade this to our staff and patients, raising standards of wellbeing for all. Rising together. Better together.

Phoenix Sunrisers, The Loft, Bramingham Park Medical Centre , LU3 4BG
Member Practices NEVILLE ROAD SURGERY | MALZEARD ROAD MEDICAL CENTRE | CONWAY MEDICAL CENTRE | KINGSWAY & BRAMINGHAM MEDICAL CENTRE | PASTURES WAY SURGERY

In the last 12 months we have achieved our goals and provided practices with support in a variety of ways with over 18000 appointments delivered, improving the capacity and access for all our member practices. But that's not all.....



**18000 ADDITIONAL
APPOINTMENTS IN 12
MONTHS**



**STAFF - 27 MIXED
ADDITIONAL ROLES**



**ENGAGEMENT WITH
PRACTICES**



**PROACTIVE NOT RE-
ACTIVE CARE**



**IMPROVE ACCESS
THROUGH FOCUSING
GENERAL PRACTICE
SUPPORT**



**HOLISTIC &
PREVENTATIVE CARE
FRAILTY / HEALTH
EQUALITY AND
AWARENESS
WORKSHOPS**



**EDUCATION &
TRAINING OF PATIENTS
AS WELL AS STAFF**



**PHARMACY STUDENT
PLACEMENTS WITH
THE UNIVERSITY OF
HERTFORDSHIRE**



**HEALTH AND
WELLBEING OF STAFF
AS IMPORTANT AS THE
WELLBEING OF THE
PATIENTS**



Here are some of the services we provide to the practices and the patients in those practices as well other stakeholders in the community..... Check out the events we have on our website

www.phoenixpcnluton.co.uk



SEND IN THE COMMUNITY

With Mohammad Umar
SEND Coordinator



Farkhanda Mehmood
Manager



Marie Brewis
Social Prescriber
Episode 31



Zabaida Fazal
Health & Wellbeing Coach

Phoenix Primary Care Network (PCN) Luton

Streaming on Wednesday 5 February at 7pm on Inspire FM

LISTEN ON THE APP, ONLINE OR RADIO





Coming Up !

Check us out and follow

- Instagram Phoenix_PCN_Luton
- Facebook – Phoenix- PCN
- LinkedIn – Phoenix PCN Luton
- Tiktok -PhoenixPCN
- You tube –Phoenix Luton PCN
- www.phoenixpcnluton.co.uk



DIABETES CLINICAL &
EDUCATIONAL
EVENT



BREAST CANCER
AWARENESS EVENT



AUTISM – PARENT
SUPPORT GROUP



HEALTH AND WELL
BEING - WALKS AND
TALKS



COMMUNITY
COLLABORATION
SP LED



MENTAL HEALTH
MIND OVER MATTER



GROUP CLINICS



LADIES ONLY –
HEALTH AND
WELLBEING



HEALTH & WELLBEING
REMINISCENCE
SESSIONS



RAISING AWARENESS
THROUGH RADIO/
EVENTS/ CHARITIES



TRAINING VIDEOS TO
SUPPORT PRACTICES



EDUCATIONAL
VIDEOS TO SUPPORT
PATIENTS