

PHOENIX SUNRISERS PCN

Newsletter : August 2024

TRANSCEND | TRANSFORM | TRIUMPH

We at Phoenix, aim to be at the forefront of the transcending model of health care from that old reactive Primary Care, GP Practice Model to a new collaborative *Primary Care Network Model*.

Our Mission is to transform our teams and patients to manage their health & wellbeing, proactively & holistically. To empower GP practices in innovating ways that will ease the burden on their workforce whilst at the same time improving access for patients to the right health care professional.

This evolving model of health care has a vision to not only triumph in our mission to accomplish this transformation but to cascade this to our staff and patients, raising standards of wellbeing for all. Rising together. Better together.

Phoenix Sunrisers, The Loft, Bramingham Park Medical Centre , LU3 4BG
Member Practices NEVILLE ROAD SURGERY | MALZEARD ROAD MEDICAL
CENTRE | CONWAY MEDICAL CENTRE | KINGSWAY & BRAMINGHAM
MEDICAL CENTRE | PASTURES WAY SURGERY

What's NEW !!!

NEW WEBSITE AND SOCIAL MEDIA LINKS

The PCN has a website that has just gone live. www.phoenixsunriserspcn.co.uk. It is still in its infancy and our team of social prescribers are active in continuing to further develop this. They have also set up a TikTok account for the PCN, so watch this space.

- Coffee Mornings run at the Bramingham site on Friday mornings at 10am-12. They continue to be diverse in content; structured talks from external organisations, themed events too - be sure to check the website for information.
- Group health and wellbeing sessions on Wednesdays 10-12 at Conway Medical Centre for women only – booked clinic.
- Walk and talk every Tuesday in term time leaving from Bramingham Medical Centre at 9.30.
- Our Social Prescribing team are engaging and networking with community outreach and community centres for the benefit of patient cohorts.

PCN Staff Updates

New GP ARRS Role coming in October
Recruitment of PA's GP, Pharmacy Technician, and Care co-ordinators

COMING UP!

We have plans to implement a large-scale event at the end of October – venue booked – implementation stage ongoing.

Updates on Our Existing Projects;

23 – 24 was an incredible year for change, growth and innovation for our PCN. We recruited a new manager, we recruited a new Paramedic, 2 Pharmacists, 3 physician Associates, 2 Social prescribers

- ✓ **The care-home work has now expanded to visits in the community to our housebound patients , We are currently conducting Learning Disability reviews for our Housebound patients to alleviate the pressures in the practices.**
- ✓ **We have successfully run a small pilot Diabetes Group Clinic that will hopefully be our springboard to larger events in the future.**
- ✓ **Feno and Diabetes projects are going well with booked up Rota's and will continue in 24 25 to help the practices with their capacity**
- ✓ **Our own in-house trainers to Dementia, Basic life support, and mentoring and supervision have now completed initial rounds of training and are equipped to support the practice staff in their training & development**

Getting in touch!

If you want to find out more, including how to access PCN services for your patients then please task us via the PCN hub through SystemOne

Check us out

- Instagram Phoenix_PCN_Luton
- Facebook – Phoenix- PCN
- LinkedIn – Phoenix PCN Luton
- Tiktok -PhoenixPCN
- You tube –Phoenix Luton PCN
- www.phoenixsunriserspcn.co.uk

Please do share this newsletter with your staff and PPG's and you can share this on your practice websites to help with engaging the patients with your PCN.



Phoenix Sunrisers, The Loft, Bramingham Park Medical Centre , LU3 4BG
Member Practices NEVILLE ROAD SURGERY | MALZEARD ROAD MEDICAL
CENTRE | CONWAY MEDICAL CENTRE | KINGSWAY & BRAMINGHAM
MEDICAL CENTRE | PASTURES WAY SURGERY