

THE PORCH SURGERY

Corsham, Wiltshire SN13 9DL

Enquiries: 01249 712232

GP Partners

Dr S J R Mohr
Dr W D Davies
Dr J R Swallow
Dr M Reade
Dr C Bennett
Dr T Gamble

GP Associates

Dr K Ogilvie
Dr H V Williams

Dear Patient

A carer is someone who is helping to look after a relative or friend. A Carer may care for a few hours a week or all day. They may help with personal care, shopping, mobility or just keep a regular eye on someone. They may live with the person they care for or just visit. They will be unpaid, although they may be receiving benefits.

Are you providing unpaid support to someone who is ill, frail, disabled, has mental health or substance misuse problems? If this person would not be able to manage without your help, you are a Carer. We are interested in identifying Carers, especially those people who may be caring without help or support. We know that Carers are often 'hidden' looking after a family member or helping a friend or neighbour with day to day tasks and may not see themselves as a Carer.

If you are a Carer, this is an opportunity to let the practice know so that we can update our records to ensure we support your health needs. This includes inviting you to attend a Carers Health check where you will also have the opportunity to talk with a Carer Clinic Worker. With your permission we can also pass on your details to the Carers support organisation who provide support, advice and information about local support services.

If you are a Carer, please complete the attached '**Carer Details**' form and ask the person that you care for to complete the reverse side of this letter '**Consent from patient being cared for**', then return **BOTH** forms to the surgery. If you require further information please call the Surgery and ask for a call back from myself. I am in the Surgery from Monday to Friday. We look forward to hearing from you.

Yours sincerely

Wendy Bray
Carer Deputy
The Porch Surgery

CONSENT FROM PATIENT BEING CARED FOR

Please Note

If you have a 'Health and Welfare' Power of Attorney for the person who cares for you, you do not need to complete this form. Instead, please bring in your original document so that we can record this on our records.

I(full name)

Date of Birth.....

Address

.....

Postcode.....

herby give permission for my Carer

(Full name of Carer).....

Relationship to me.....

to have access to my medical records and personal details which are held by the practice as detailed below.

OPTIONS AVAILABLE	PLEASE TICK APPROPRIATE BOXES
All Clinical Information	
Test Results Only	
Appointment Information Only	
Prescription Queries Only	

Signed.....

Full Name.....

Date.....

CARER DETAILS

Please Note

If you have a 'Health and Welfare' Power of Attorney for the person you care for please bring in your original document so that we can record this on our records.

Name	
Date of Birth	
Address	
Home Telephone	
Mobile	
Relationship to Patient	
Are you a Porch patient? If not, you should let your own GP know that you are a Carer	

Details of Person being cared for

Name	
Date of Birth	
Address	
Relationship	
Cared for since	
Is the person you care for a Porch patient? If not, you may need to contact their Surgery to advise them.	

CARERS SUPPORT WILTSHIRE

Carers Support Wiltshire may be able to offer the following services and support:-

- FREE and confidential conversation with a support worker providing information, advice and emotional support.
- Sign posting, and where appropriate referral to other organisations for issues such as benefits
- Reduce isolation by putting you in touch with other carers for mutual support
- Opportunities to take a break with an outing, activity or therapy session
- Opportunity for training such as stress management and first aid
- SOMEONE TO LISTEN

Please visit **Carers Support Website** www.carersinwiltshire.co.uk for full details.

Would you like the practice to refer you to Carers Support Wiltshire for specific help/advice on caring issues from a support worker? **YES/NO**