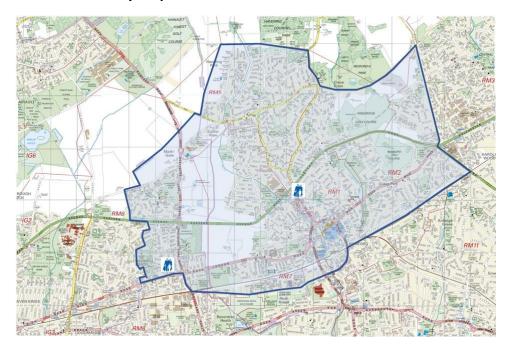
# **HOW TO REGISTER**

The practice welcomes all new patients within our boundary area. If you wish to register with us, please complete registration forms on our website, or see a receptionist at either site. You will need to complete the registration forms and provide one form of ID and a proof of address. You may be required to make an appointment for a new patient interview with a Health Care Assistant, before you see a Doctor. Everyone can have a new patient interview if they wish and the practice may specifically ask for one if warranted.

# **Practice Boundary Map**





Website Address www.northstreetmedicalcare.co.uk Visit us on Facebook, Twitter & Instagram by searching for **North Street Medical Care** 







# **NORTH STREET MEDICAL CARE**

**North Street Site 274 North Street** Romford **RM1 4QJ** 

**Ashton Gardens Site Chadwell Heath Health Centre** Ashton Gardens RM6 6RT

# **Opening Hours**

**NORTH STREET** 

**ASHTON GARDENS** 

8.00am - 6.30pm Mon - Fri

8.00am - 1.00pm, 2.00pm - 6.30pm

Monday to Friday

9.00am - 12.00pm Alternate Saturdays \*

(\* Pre-booked appointments only)

**Contact Numbers** 

Telephone lines open

8.00am - 6:30pm weekdays

Reception

01708 629733

**Website Address** www.northstreetmedicalcare.co.uk Visit us on Facebook and Twitter by searching for North Street Medical Care

NHS 111 Online Available 24 hours a day, 365 days a year NHS 111 Telephone Available 24 hours a day, 365 days a year

**NHS England Customer Contact Centre** 

> NHS England, PO Box 16738, Redditch, B97 9PT 0300 311 22 33 Email: england.contactus@nhs.net



#### Staff Members

#### **Partners**

Dr Richard Burack (male) MBBS MRCGP, DFSRH

Dr Sarita Symon (female) BSc MBBS MRCGP

Dr Romel Hague (male) MBBS BSc DRCOG MRCGP

Dr Daljit Sura (male) MBBS BSc DRCOG DFSRH MRCGP

Dr Baber Qadir (male) MBBS BSc nMRCGP DFSRH

## Salaried GPs

Dr Rochelle Brainerd (female) MBBS MRCGP MRCP

Dr Sandra Bonsu (female) MBBS MRCGP

Dr Tasnuba Subahni (female) MBBS BSc DRCOG MRCGP

Dr Fatima Jaffar (female) MBBS MRCGP

Dr Luan-Don Dang (male) MBBS M.Sci MRCGP

Dr Dilan Varsani (female) MBBS BmedSci DRCOG DCH DFSRH MRCGP

Dr Omar Hafiz (male) BMBBS MRCGP

Dr Mahdee Elahi (male) BSc MBBS MRCGP

# **Nursing Team**

Judith Coomer (female) R.G.N BSc - Locum Nurse Practitioner

June Gray (female) R.G.N. Lead Nurse

Julianne Flory (female) R.G.N Practice Nurse

Joana Mesah (female) R.G.N Practice Nurse

Georgina Abraham (female) R.G.N Practice Nurse

Joanne Shillingford (female) Health Care Assistant

Oluvemisi Adeleve (female) Health Care Assistant

#### **Clinical Pharmacists**

Zia-Ul Rehman (male) Lead clinical Pharmacist

# **Management Team**

Susanne Bauer (female) Practice Manager

Aaron Fernandes (male) Operations Manager

Lauren Goddard (female) Service Manager

Tina Davis (female) Compliance & HR Administration Manager

Kelley Smith (female) Reception Manager

#### PATIENT'S RIGHTS AND RESPONSIBILITIES

You have the right to access the service we provide according to your clinical needs. You have the right to expect a standard of care that would reasonably be provided by one of the Doctors or Practice Nurses. You have the responsibility to attend appointments punctually and cancel appointments that you are unable to attend. You have the right to see and obtain copies of your own medical records, please be aware there will be a charge.

#### PUNCTUALITY

Please try to arrive on time for your appointment time. If do you arrive late, we may not be able to see you. We aim to see the majority of our patients as close to their appointment time as possible and hope you will understand when this is not always the case.

# PATIENTS WHO DO NOT ATTEND (DNA's)

If you cannot keep your appointment please let us know as soon as possible by responding to your SMS appointment reminder, or telephoning **01708 629733.** A persistent failure to turn up for appointments may result in removal from our patient list. Please see our website for further details.

## **ZERO TOLERANCE**

The NHS operate a zero tolerance policy with regard to violence and abuse, the practice has the right to remove violent patients from the list with Immediate effect in order to safeguard practice staff, patients and other persons. Violence in this context includes actual or threatened physical violence or verbal abuse, which leads to fear for a person's safety. If a patient is violent or abusive they will be warned to stop their behaviour. If they persist we may exercise our right to take action to have them removed, immediately if necessary, from our list of patients. In this situation we will notify the patient in writing of their removal from the list and record in the patient's medical records the fact of the removal and the circumstances leading to it.

## **SUGGESTIONS / COMMENTS / COMPLAINTS**

We always welcome feedback or suggestions (positive or negative) about the services we provide. We always try to give you the best possible service, however, if you do have a cause for concern, please let us know. Further details of our in-house complaints procedure are available from reception. Should a patient make a complaint, the practice may need to provide information about the patient, and treatment they have received, to insurers or legal advisers.

## **CONFIDENTIALITY / INFORMATION & ACCESS**

Our staff are aware of ALL patient's right to confidentiality and discretion and we work hard at preserving your rights. All personal health information held on your records will not be divulged to a third party without your prior written consent. All information is covered under the Data Protection Act. This includes your right to access information held about you by writing to us with such a request.

## **CCTV/CALL RECORDING**

Our practices have CCTV in public areas. All our calls are recorded for training and monitoring purposes. Please check our website for our CCTV and call recording policy or ask reception.

## **HEIDI HEALTH AI SCRIBE**

North Street Medical Care are committed to delivering the best possible care to our patients. To enhance the quality and efficiency of our consultations, clinicians (your GP or a member of the multidisciplinary team within practice) may use **Heidi Health Al Scribe** during your appointment.

# **EQUAL OPPORTUNITIES**

The practice operates an equal opportunities policy to all our patients, as follows regardless of sex, marital status, age, pregnancy, race, ethnicity, disability, sexual orientation, religion or belief. We do not tolerate any discrimination against any patient for any of the above reasons.

#### **DISABLED ACCESS**

Disabled parking bays are clearly marked. There is wheelchair access at the main entrance and to all of the surgery clinical rooms. There is a Loop System for the hard of hearing, available at the main reception. The disabled toilet has wheelchair access as well as baby changing facilities

## LANGUAGE SUPPORT

Please inform reception to book a translator in good time for your appointment. Family members can be used if they are over 18 and there is no translator available. A double appointment will be required.

## Additional languages spoken

Dr Haque – Bengali Dr Sura – Punjabi & Hindi

Dr Qadir - Urdu

## PATIENT PARTICIPATION GROUP (PPG)

A PPG gives patients the opportunity to give your input and receive feedback on GP services. If you are interested in joining our surgery PPG ask reception for a leaflet and leave your contact details or you can print a form from our website www.northstreetmedicalcare.co.uk/practice-information/patient-participation-group-ppg/

## **TEACHING, TRAINING & AUDIT**

The practice is involved and committed to the training of the clinicians of tomorrow, so there will often be medical and nursing students at the practice as well as fully qualified doctors

(Foundation Year 1/2 or GP registrars) spending time in general practice as part of their ongoing post-qualification training / experience. You will always be informed prior to your consultation if students are present. They will not be present during your consultation if you so wish. Medical audit is the process of looking at the service provided and ensuring it is of high quality by making any changes needed to improve this service. The practice performs regular medical

## **CONSULTATION TYPES**

We offer a wide range of appointments to provide a comprehensive service and to adequately fulfill all our obligations in our patient service provision including:-

audit and this may involve asking our patients to fill in a questionnaire.

**FACE-TO-FACE SURGERY APPOINTMENTS** Bookable up to 6 weeks in advance, some are made available 48 hours in advance and some for more acute / pressing problems available on the day

**TELEPHONE CONSULTATIONS** - Bookable in advance and on the day where you feel advice or a telephone conversation is more helpful

**HOME VISITS** - Bookable for urgent issues for housebound patients

## **SERVICES & AVAILABILITY**

We provide a full range of NHS General Medical Services including and specialising in the following areas of medical care:-

# ACUTE ILLNESS / MINOR ILLNESS / MINOR TRAUMA HEALTH PROMOTION & PREVENTION

## LONGTERM CONDITION MANAGEMENT

Asthma/COPD/Lung function tests

Cancer Prevention

Circulatory / Stroke / Doppler

Diabetes - including Insulin Management

**Epilepsy** 

**Heart Disease** 

Hypertension

Mental Health Care

Thyroid Disease

#### **SPECIAL CLINICS & INTERESTS:**

Adolescent & Young People's Health

Child Development and Immunisations

Contraception and Sexual Health - including Implants, Coils & Cervical Cytology Smears

Foreign Travel Advice & Immunisations

Maternity Services - pre, ante and postnatal care

Ear, Nose & Throat medicine

Minor Surgery service – including joint injections and symptomatic skin lesion treatment

#### OTHER SERVICES

Private Insurance medicals and reports
Insurance & medical examinations
HGV / PSV / Elderly / taxi driver
Fitness to travel / work / sports
Patient required reports, examinations & certification
Private Travel immunizations (including Yellow Fever)

## TRAVEL CLINIC

- We are pleased to be able to offer a comprehensive foreign travel advisory service which
  includes the supply and administration of most of the vaccines, medications and health
  related products you will need for your travel plans.
- Please follow the link for more information and our travel forms. <u>Travel Clinic North</u> <u>Street Medical Care</u>

# Please note that we are NOT able to sign passport forms

#### HOW TO BOOK AN APPOINTMENT

Patients can book appointments:

- Online Use your NHS account (through the NHS website or NHS app)
- Online Use our GP Appointment system Patient Access
- Phone call the surgery on 01708 629733 at 8.00am for emergency appointments and for routine appointments call from 10am.

The most efficient way to book or cancel an appointment is online.

You can also sign up to GP services using the new NHS App without needing to attend the practice. Find out more at www.nhs.uk/nhsapp.

This website allows you to book telephone appointments on the day with any Doctors but not nurses.

#### PATIENT PREFERENCE OF PRACTITIONER

Patients are registered with the practice and can see any of the clinicians in the practice. However, patients have the right (or in the case of a child or incapable adult, the person acting on their behalf) to express a preference to receive services from a particular clinician or class of clinician either generally or in relation to any particular condition. These preferences should be made in writing to the practice manager. Any such preferences will be recorded in the patient's record.

This does not always apply to acute appointments when it is at our discretion to book with the most appropriate available clinician - who may be any one of the clinical team - nurse or doctor.

## REPEAT PRESCRIPTIONS

The practice offers a repeat prescription system for ongoing and previously agreed upon medications. For clarity and to avoid delays, the computer printed form (detached from the

previous prescription) should be used. Requests must be in writing or left in the box outside the surgery entrance) or by the use of the website www.patient-services.co.uk once registered to use the service. For governance and legal reasons, we are not able to accept telephone requests. Please allow up to 72 hours, excluding weekends and Bank Holidays, for routine repeat requests to be processed. Any issues encountered please call the prescription line

## **TEST RESULTS**

Can be obtained by telephoning **01708 629733** between 4.00pm and 6.00pm on weekdays only. For confidentiality reasons results can only be given to the named patient or parent/guardian of a child. We will always try to contact you by telephone if the results show that immediate treatment will be necessary. Please ensure that we have your up to date telephone numbers, preferably a landline and a mobile number, to avoid any delay in treatment.

## **HOME VISIT REQUESTS**

Requests for home visits should be made ideally before 11:00 am where at all possible. Please ring **01708 629733**. The receptionist will request some details of your medical problem so that the appropriate clinician can assess the need, urgency and appropriateness for the request. An experienced clinician will telephone you back to discuss your problem in more detail. A decision to visit remains at the clinician's discretion and is based on medical necessity.

We are unable to offer a visiting service except for the truly medically housebound. The NHS has stated specifically that transport problems are not an acceptable reason for requesting a visit and we would expect patients to try their utmost to attend the surgery by exploring all options e.g. Taxis, Dial-a-Ride, London Taxi Card, neighbours, family etc.

**NHS 111** you can get help from NHS 111:

- By using 111 online
- In the NHS APP
- By calling 111



## **WALK IN CENTRES**

Alternatively, when the surgery is closed patients can visit one of the local Walk-in Centres that provide an acute minor illness or minor injury care. These include:

- Harold Wood Polyclinic, Gubbins Lane (8am-8pm) 01708 792000 7 days a week.
- Barking Community Hospital Urgent Treatment Centre (8am- 10pm weekdays 9am-10pm on weekends/bank holidays) 020 8924 6262