

North Neighbourhood Newsletter

July 2025



Building a brighter future
with *you* in mind

Coming up...

New Funding Opportunity

Grants available from the Asda Foundation to support organisations working to alleviate food poverty in their community. Find out more and apply:

<https://asdafoundation.org/our-grants/foodbank-fundamentals-fund/>



FUNDING OPPORTUNITY 💡

GRANTS WORTH **£750**

For not for profits that provide food and supplies for disadvantaged communities.

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A total of £400,000 is available.

Organisations that can apply include food banks, community pantries, social supermarkets, soup kitchens, breakfast clubs and more.

Funded by the Asda Foundation.

Community Alliance

The next Bradshaw, Harwood and Hallithwood **Community Alliance** meeting is due to take place:

At: Harwood Library,

On: Monday 28th July, 6-7:30pm

Please join us to see the improved Library and of course, to find out about and share what is going on in your community, where you need help and/or can offer to help. We are Stronger Together!

Hope you can make it! 😊

Coming Up: Harwood



Park

Friends of Harwood & Longsight

Wild flower walk

Saturday 26th July 1-3pm

First 20 minutes suitable for wheelchair
users

A ramble around our wild flowers

Meet main park car park, Longsight Lane



**Here Comes
Harwood's Summer
School Holidays!**

Sat 19th July 2025



11am – 1pm Cycle maintenance at Bolton arboretum (opposite Bradshaw Brow), field just off the small car park. Bring your bicycle down & get summer ready. Led by Superior Cycles with Bolton Wheelers. Also bike marking by your Neighbourhood PCSO. Primary school children with a parent or guardian please.

11am – 1.30pm The Crofters free ice-creams if you push your bicycle over

1pm -2pm Happy Voices Choir free concert at The Crofters marquee

9.30am -1pm Boreks Carpets, come & ask for free bubbles (until gone)

9.30-noon Harwood Heating, come & ask for free shades for under 16 year olds (until gone)

1pm -5pm The Bradshaw Conservative Club outdoor childrens garden games suitable from 3 years: hula hoops, giant skittles, skipping ropes, giant foam planes, velcro catchers & balls

10.30am – 2pm Atkinsons butchers, Taster BBQ; children must come with their parent or guardian

Come on down! Organised by Friends of Harwood & Longsight Park liaising with Harwood businesses & Happy Voices Choir



Coming Up: Community Events

Halliwel Community Alliance The Centre of Excellence

SUNDAY 3RD AUGUST
THE KARMIC COLLECTIVE CIC INVITES YOU TO
HALLIWELL COMMUNITY COHESION FUN DAY
FREE TO ALL OPEN FROM 11AM TO 4PM
GAMES - CRAFTS - STALLS - HENNA
FACEPAINTING - KIDS PT CIRCUIT
BOXING RING - BBQ
HEALTHY FOOD AND NUTRITION TASTERS
CHILDRENS INTERACTIVE NUTRITION WORKSHOP
QI GONG - SOUND BATH
FREE REIKI/MASSAGE/ACUPRESSURE
FOR THE GROWN UPS AND MORE....
GIRL GUIDE HQ SHEPARDS CROSS STREET
BOLTON BL1 3BS
PLEASE BRING CASH IF POSSIBLE

Logos: A Carrots Art, The Karmic Collective CIC, Rawlyn Road Allotments, Halliwel Community Alliance, The Centre of Excellence, SUPPLEMENT, TrinKates, PREMIER BOXING CLUB BOLTON, GG's, Eating Hugs, Lancashire, and others.

SUMMER FAYRE
A Carnival of Culture

16th August | 12:00-4:00pm | Rawlyn Road Allotments
Moorside Avenue BL1 5RJ

Live music and harp workshop

World Foods:
Tacos
Indian Snacks
Italian Flatbreads
Pimms
Prosecco
Tea
Coffee
Soft Drinks
...and more!

Handmade gifts

Home-grown produce

Free entry! Donation on the gate
Please note the site will be mainly cash only, so please bring plenty

Logos: Rawlyn Road Allotments, Halliwel Community Alliance, and others.

Coming Up: Outdoor Yoga

These gentle, beginner-friendly classes are the perfect way to enjoy movement, fresh air, and relaxation in a beautiful orchard.

Session Dates:

- **Wednesday 23rd July**, 1:00 – 2:00pm
- **Saturday 2nd August**, 10:00 – 11:00am

No experience needed! All abilities are welcome. Open to people who are registered with a practice in Turton PCN* (*details on slide 7)

Take some time for yourself to unwind, de-stress, and reconnect with nature.

Location: Blackrock Community Orchard

📍 Find it here with What3Words:

<https://what3words.com/reliving.cookies.gratuity>

🚗 Parking: Available at The Spread Eagle pub car park during session times.

Book your free spot:

🔗 <https://www.eventbrite.co.uk/e/outdoor-yoga-at-blackrock-orchard-tickets-1477251802909?aff=oddtcreator>

If you'd benefit from gentle movement, time outdoors, or a mood boost, we'd love to see you there!!!



Green Social Prescribing



Outdoor Yoga

Free Outdoor Yoga at The Blackrock Orchard. We're offering a calming introductory yoga session in the beautiful surroundings of The Blackrock Orchard, in partnership with The Loft Wellbeing and Wild and Fruity Community Garden. This gentle outdoor class is perfect for all abilities – no experience needed.

Wednesday 23rd July 1–2pm - Saturday 2nd Aug 10–11am

Open to all Turton PCN patients – spaces are limited! Bring a mat or towel, wear something comfy, and come enjoy a peaceful hour in nature. Booking essential!



Scan to Book your place here





Black Rock Orchard



Location





Coming Up: Sessions for Carers

Please join us for gentle movement through stretches on the chair or floor, breath awareness and relaxation techniques

Dates: 28th July and 11th August

Times: 12 – 1:30pm

Location: Wellness Hub, Thicketford Centre,
Thicketford Road, BL2 2LW

For more information, please contact:
Safiyyah/ Sam on 07510925361/ 07980705525

GENTLE STRETCHES & RELAXATION

FOR CARERS

Movement through stretches on the chair or floor, breath awareness and relaxation techniques



Dates: 28th of July & 11th of August

Time: 12:00 to 13:30

Place: Wellness Hub
Thicketford Centre,
Thicketford Road,
Tonge Moor,
Bolton
BL2 2LW



For more information contact:
Safiyyah/Sam
07510925361/ 07980705525



Coming Up: Bolton HAF



Bolton’s Holiday Activities and Food Programme is back for summer 2025!

For more information about what’s on, visit the website: <https://www.bolton.gov.uk/HAF>

HAF Hubs - In the parks Free and open to all!

The HAF hubs offer a fantastic opportunity by offering young people the chance to experience both physical and enriching activities as well as being able to take part in food demos and cooking!

In addition, the park sessions offer the signposting element of HAF with other services including housing, health, finance and family hubs all on hand sharing helpful and useful information!

The sessions run from 11am – 3pm between Tuesday 22 July to Thursday 21st August 2025. They and are supported by several organisations including Urban Outreach, Bolton Wanderers in the Community and the Play and Youth Service!

No need to book just pop on down and get involved!

Tuesday	Wednesday	Thursday	Friday
Moses Gate Park	Westhoughton Park	Moss Bank Park	Queens Park



Spotlight on: Mental Health Services



There are a range of services available to support the mental health of our residents:

Single Point of Access (SPOA) Team – take referrals and direct them to the most appropriate service. This is a professional referral line only. **01204 483101**. 9am–5pm Mon-Fri. SPOA can re direct people to secondary services such as Community Mental Health Teams (CMHT) or for an Approved Mental Health Act Assessment which could lead to the person being taken to a place of safety (hospital setting).

General Practice – The persons GP can offer advice, guidance and medication to help with anxiety and depression related difficulties. Most GP`s now have Mental Health Practitioners (MHP`s) who can offer further 1:1 support as required.

Bolton Talking Therapies – free services for 16+, self and professional referrals **01204 483100/** though the web address below:
<https://www.iaptportal.co.uk/ServiceUser/SelfReferralForm.aspx?s=d=4fd5cc71-9ebe-4f34-9963-3a5928ecf975>

Living well – 12 week support focusing on personal goals that aim to improve mental health, focusing on a holistic and person centered approach to the difficulties described. To access this support please contact BoltonLWreferrals@GMMH.nhs.uk.



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Urgent/Crisis Pathways

If you are a service user in crisis, please use the following advice:

- Contact your GP or dial **111**.
- Contact GMMH 24/7 helpline on **0800 953 0285** to talk to a mental health professional.
- Go to the nearest Accident & Emergency Department.
- Call **999** and ask for an ambulance.

If you are a professional who has concerns someone may harm themselves or others- please contact SPOA or the AHMP hub directly on boltonAMHPhub@gmmh.nhs.uk

Spotlight on... Turton Primary Care Network



GP Practices work together in groups of practices, to build on existing primary care services and enable greater provision of proactive, personalised, coordinated and more integrated health and social care for people closer to home.

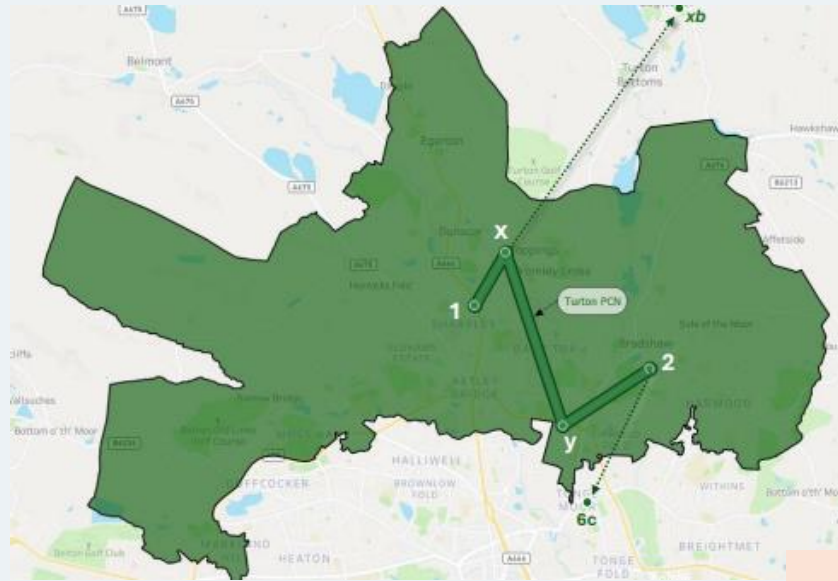
There are 6 GP practices that make up the Turton Primary Care Network (PCN), which is based within the North Neighbourhood:

Mandalay Medical Centre
933 Blackburn Road, BL1 7LR
01204 309206

www.mandalaymedicalcentre.nhs.uk

Crompton View Surgery
Crompton Health Centre, BL1 8UP
01204 463111

www.cromptonviewsurgery.co.uk



Oaks Family Practice
Crompton Health Centre, BL1 8UP
01204 463090

www.theoaksfamilypractice.co.uk
[Facebook.com/oaksgp](https://www.facebook.com/oaksgp)

Edgworth Medical Centre
354 Bolton Road, BL7 0DU
01204 856843

www.edgworthmedicalcentre.co.uk

Bromley Meadows Surgery
Darwen Road, BL7 9RG
01204 463232

www.egertonanddunscarhealthcentre.nhs.uk

Harwood Medical Centre
Hough Fold Way, BL2 3HQ
01204 300033

www.harwoodmedicalcentre.co.uk
[Facebook.com/harwoodgrouppractice](https://www.facebook.com/harwoodgrouppractice)

Spotlight on... Heritage Walks

**My Place Walks**
2025
Heritage walks for the over 50's





Hall i'th' Wood Heritage Walk

Circular 3 miles

Thanks to Bolton Museum Services:
The walk will include a look inside Hall i'th' Wood Museum (Which is currently closed for essential maintenance)

Thursday 17th July
Repeated
Saturday 19th July
10:30am

Free — Limited places
To book a place email: Pdf1@hotmail.co.uk (further information including the start venue will be given on booking)
See livefromworktown.org.uk for further Heritage walks

Live from Worktown CIC is a not for profit community enterprise Company number 13586112



 [Livefromworktown /group](https://www.facebook.com/Livefromworktown/group)



My Place Walks — 2025

Heritage walks for the over 50's

Harwood Heritage Walk

Circular 4 miles

Thursday 14th August at 10am

Free
Limited places
To book a place email: Pdf1@hotmail.co.uk

See livefromworktown.org.uk for further Heritage walks





Live from Worktown CIC is a not for profit community enterprise Company number 13586112

 [Livefromworktown /group](https://www.facebook.com/Livefromworktown/group)

Spotlight on... St Paul's Church, Community and Parish Centres

There's so much going on this July at St Pauls and High Hopes for Halliwellbeing, including yoga, walking groups, support sessions & craft groups!

For more information, please use the email address below:
<https://letskeepboltonmoving.co.uk/uploads/ccmailshots/f/imE0A-7.%20HIGH%20HOPES%20JULY%20MONTHLY%20CALENDAR.pdf>



CONTACT DETAILS

ST. PAUL'S CHURCH, COMMUNITY & PARISH
CENTRES HALLIWELL ROAD, BOLTON, BL1 8BP

HIGH HOPES FOR HALLIWELL BEING
www.hopes4halliwell.co.uk
community@hopes4halliwell.co.uk
Facebook @highhopesforhalliwellbeing
Twitter @hopes_being

ST. PAUL'S CHURCH
www.westboltonteam.org.uk
rodger@westboltonteam.org.uk
Facebook @stpaulshalliwell

HALLIWELL BEFRIENDING SERVICE
www.halliwellbefriendingservice.co.uk
halliwellbefriending@gmail.com
Facebook @halliwellbefriending
Twitter @HalliwellBefri1
Office Number 01204 840808

HAFWAY www.hafway.org moira@hafway.org
Facebook @hafway

Spotlight on: Bolton UCAN Centre

Bolton
at **Home**

BOLTON UCAN CENTRE

We provide a little bit of everything in our UCAN Centre's

Call in and see our friendly staff for confidential information, advice & guidance

Debts & Money


Help to reduce Gas & Electricity bills


Advice & Guidance


Housing Support


Help With Benefits


Employment & Training




- In most centres you'll be able to find:
- A friendly welcome
- Help finding you a job
- Free use of the internet and computers
- Training courses
- Free use of the phone

- Access to social activities and community groups
- Help with housing issues and benefits
- Health and wellbeing support and advice
- Help with money matters
- And lots more - all for free

New Bury UCAN Centre
59 George Street,
Farnworth,
BL4 9PU
Call: 01204 329786
Email: NewBuryUCANCentre@boltonathome.org.uk
Opening hours:

- Mondays: 9.30am to 12.30pm and 1.30pm to 4.30pm
- Thursdays: 9.30am to 12.30pm and 1.30pm to 4.30pm

Tonge Moor UCAN Centre
The Old Tonge Moor Library,
Tonge Moor Road,
Tonge Moor,
Bolton,
BL2 2LE
Call: 01204 329563
Opening hours:

- Mondays: 9.30am to 12.30pm and 1.30pm to 4.30pm.

Bolton UCAN Centre
Unit 27B,
The Market Place Shopping Centre,
Bolton,
BL1 2AL
Call: 01204 329565
Email: boltonucancentre@boltonathome.org.uk
Opening hours:

- Mondays: 9.30am to 12.30pm and 1.30pm to 4.30pm
- Tuesdays: 9.30am to 12.30pm and 1.30pm to 4.30pm
- Thursdays: 9.30am to 12.30pm and appointments only on Thursday afternoons from 1.30pm to 4.30pm
- (please get in touch using the contact details above if you'd like to book an appointment on a Thursday afternoon)
- Fridays: 9.30am to 12.30pm and 1.30pm to 4.30pm

We have a number of pop-ups in different areas.
Please scan the QR code or contact one of the other UCAN Centres for opening times

Brightmet (Deepdale Community Centre) Pop-Up UCAN Centre
Farnworth Focus Community Hub and Pop-Up UCAN Centre
Great Lever (Slaterfield Centre) Coffee Morning and Pop-Up UCAN Centre
Hall 1' th' Wood Pop-Up UCAN Centre
Little Lever Pop-Up UCAN Centre

Scan for up to date opening times



SCAN ME

Spotlight on: Kicks

Bolton Wanderers in the Community have the following sessions available for children and young people!

For more information, please contact Owen Heyes at oheyes@bwitc.org.uk



MONDAYS

- Kearsley Academy, BL4 8HY
4:00-6:00pm - Ages 8-17 (Football)
- Canon Slade School, BL2 3BP
5:00-6:00pm - Ages 18+
6:00-7:00pm - Ages 8-17
(Disability Football)
- Castle Hill, BL2 2JW
7:00-9:00pm - Ages 12-17 (Youth Club)
- Brownlow Fold, BL1 3EF
6:30-9:00pm - Ages 12-17 (Youth Club)

TUESDAYS

- St Catherine's, BL2 5EW
5:00-6:00pm - Ages 8-17 (Football)
- Johnson Fold, BL1 5UG
6:30-7:30pm - Ages 8-12 (Football)
7:30-8:30pm - Ages 13-17 (Football)
- LGBTQ+, BL4 7AP
6:30-8:30pm - Ages 13-17 (Youth Club)

WEDNESDAYS

- St James', BL4 9RU
4:00-5:00pm - Ages 8-12 (Football)
- Pikes Lane, BL3 5EL
5:30-6:30pm - Ages 8-12 (Football)
6:30-7:30pm - Ages 13-17 (Football)
- Wingates Park, BL5 3PB
6:00-8:00pm - Ages 8-17 (Football)

THURSDAYS

- PowerLeague, BL2 6BZ
4:00-5:00pm - Ages 8-12 (Football)
- Sharpley - Girls Only, BL1 8SN
5:00-6:00pm - Ages 12-17 (Football)
- HALFWAY - Girls & Non Binary, BL1 8BP
5:00-6:30pm - Ages 12-17 (Youth Club)

FRIDAYS

- St James', BL4 9RU
5:00-7:00pm - Ages 12-17 (Football)
- Westhoughton, BL5 2NR
6:00-8:00pm - Ages 8-17 (Football)
- Castle Hill, BL2 2JW
7:00-8:30pm - Ages 8-12 (Football)

SATURDAYS

- Sunninghill, BL3 6TR
4:45-6:00pm - Ages 13-17 (Football)
6:00-7:15pm - Ages 9-12 (Football)

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with *you* in mind



Spotlight on: Dementia Friendly Art Session

There are now FREE Dementia Friendly Art Sessions available at Smithills Hall, for anyone living with dementia and their carers

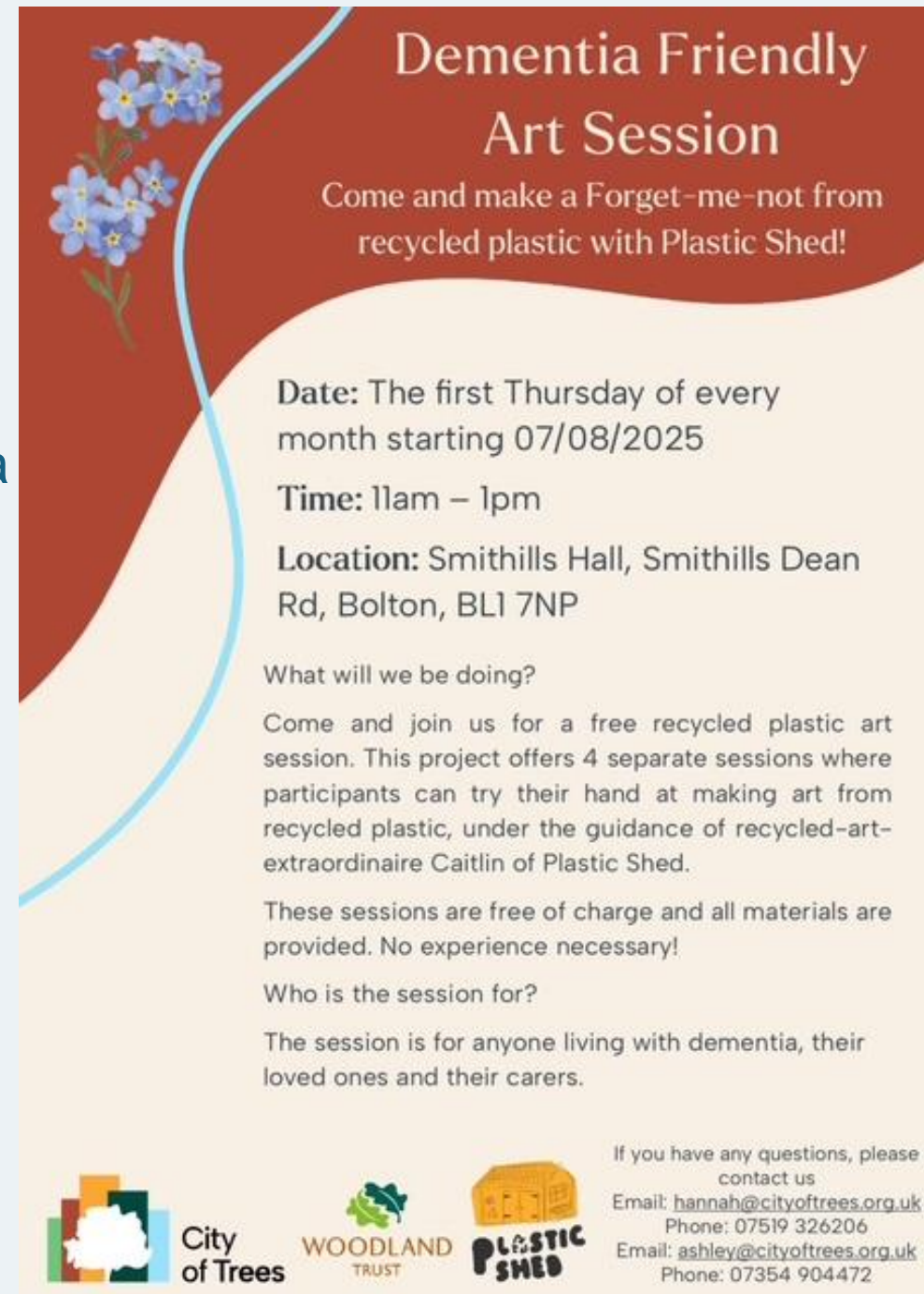
On: First Thursday of every month (starts 7th August)

When: 11:00am – 1:00pm

At: Smithills Hall Museum, Smithills Deane Rd, BL1 7NP

Contact Hannah at hannah@cityoftrees.org.uk or 07519326206 for more information

Building a brighter future
with *you* in mind

The poster is divided into two main color sections: a dark red top half and a light cream bottom half, separated by a wavy white line. In the top left corner, there is a small illustration of a sprig of blue forget-me-not flowers. The title 'Dementia Friendly Art Session' is written in a white serif font in the top right. Below the title, a line of text in a smaller white font says 'Come and make a Forget-me-not from recycled plastic with Plastic Shed!'. The bottom half of the poster contains text in a dark grey sans-serif font, detailing the session's date, time, location, and purpose. At the bottom, there are three logos: 'City of Trees' with a stylized tree icon, 'WOODLAND TRUST' with a leaf icon, and 'PLASTIC SHED' with a yellow shed icon. To the right of these logos is contact information for Hannah and Ashley, including email addresses and phone numbers.

Dementia Friendly Art Session

Come and make a Forget-me-not from recycled plastic with Plastic Shed!

Date: The first Thursday of every month starting 07/08/2025

Time: 11am – 1pm

Location: Smithills Hall, Smithills Dean Rd, Bolton, BL1 7NP

What will we be doing?



Come and join us for a free recycled plastic art session. This project offers 4 separate sessions where participants can try their hand at making art from recycled plastic, under the guidance of recycled-art-extraordinaire Caitlin of Plastic Shed.

These sessions are free of charge and all materials are provided. No experience necessary!

Who is the session for?

The session is for anyone living with dementia, their loved ones and their carers.

If you have any questions, please contact us
Email: hannah@cityoftrees.org.uk
Phone: 07519 326206
Email: ashley@cityoftrees.org.uk
Phone: 07354 904472

 **City of Trees**  **WOODLAND TRUST**  **PLASTIC SHED**



Thank you for your continued support!

If you would like to showcase your work or service in the next newsletter, please send the details to:

Kathryn.brignall@boltonft.nhs.uk

If you know of anyone who would like to be included in the distribution list, please also let Kath know 😊