Did you need to see a GP today?



Many patients don't know that...





Pharmacists can prescribe antibiotics for common health problems like urine infections.





You don't need a GP referral for some services - e.g. you can self-refer to talking therapies for anxiety or depression.

We wanted to let you know that we've updated our online form. Based on your symptoms, we may suggest other services that can offer advice and treatment directly.

This often means quicker help and less disruption for you than a GP appointment.

Feel like you need to see a GP?

Don't worry, you'll always have the option to contact us.



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