Appletree
MEDICAL PRACTICE

Coil Fitting Checklist – For Intrauterine Devices (IUD) and Intrauterine Systems (IUS)

It is important that you have read and understood all the information and are suitable for the procedure on the day you come in to the surgery.

Please bring this form with you when you attend the clinic.

Please tick the boxes to confirm you have understood and agree to the following:

- ☐ I have watched the video on IUD/IUS *or* read the leaflets *or* I already have an IUD/IUS and am familiar with the method.
- ☐ I am using an effective method of contraception and haven't had any problems (e.g. burst condom, missed pills, coil overdue for change). I have not had unprotected sex since my last period.
- ☐ I understand it is not safe to insert an IUD/IUS if I might be pregnant.
- ☐ I understand that if I am attending for removal and refit of an IUD/IUS I need to avoid sex for seven days before the procedure.
- ☐ I will make sure that I have eaten on the day of the appointment. I am aware that I should consider taking pain relief 30-60 minutes in advance of the appointment.
- ☐ I am not at risk of sexually transmitted infection (STI) or I have been tested recently for chlamydia/gonorrhoea.
- ☐ I understand that IUD/IUS is more than 99% effective (less than 1 in 100 chance of pregnancy)
- ☐ If the IUD/IUS fails to prevent pregnancy I understand that the relative risk of ectopic pregnancy is slightly increased.
- ☐ I understand that there is in a 2 in 1000 risk that the IUD/IUS might go through the womb or cervical wall (perforate) when it is put in. If this does happen the IUD/IUS may have to be removed surgically. This is more likely in the four months after childbirth and when breastfeeding.
- ☐ I understand there is a 1 in 20 chance of the device falling out (expulsion).
- ☐ I understand the IUD/IUS will not protect against STI, and condoms are advised in addition for new partners.
- ☐ I understand there is a small risk of infection (1 in 100) in the first few weeks following insertion of the device.
- ☐ I know that copper IUD might make my periods slightly heavier, longer and more painful.
- ☐ I know that the IUS (Mirena) will make my periods much lighter, but can cause erratic bleeding and spotting in the first few months of use.
- ☐ I have been provided with an opportunity for discussion and to ask any questions.

Name (please print): …………………………………………………………….

Date of Birth: …………………………………..

Signed: ……………………………………   **Date:** ………………………..