

Patient Information Changing Your Name and Gender

- Please be aware that changing your name will not change the gender marker on your medical records. Your title will change but your record will still state the gender given upon registration.
- Patients over the age of 18 years of age can request to change gender on your record at any time and do not need to have undergone any form of gender reassignment treatment in order to do so.
- When a patient changes gender, you will be given a new NHS number and you will be registered as a new patient at the practice.
- If you currently have an Online Services account, you'll need to re-register once you have your new NHS number and patient record.
- All previous medical information relating to the patient will be transferred into a newly created medical record. The practice will notify the PCSE (Primary Care Support England).

Will I still be legible for screening tests?

The chart below gives an overview of which screening tests available to you.

Which Screening?		
	Trans woman	Trans Man
Breast screening	✓	✓ (If you still have breast tissue*)
Cervical Screening	✗	✓ (If you still have cervix*)
Abdominal Aortic Aneurysm (AAA) screening	✓	? (If you are registered as a male at your GP practice you will be invited for AAA but do not have a high risk of AAA)
Bowel screening	✓	✓

*Will need to be requested if you are registered as male at your GP practice

Cervical screening tests

Trans men and non-binary people who have had a total hysterectomy to remove their cervix do not need cervical screening. Trans men and non-binary people who still have a cervix should have cervical screening to help prevent cervical cancer.

When trans men and non-binary people with a cervix will be invited for cervical screening

If you're a trans man, or non-binary and assigned female at birth, and you're registered with your GP as female, you'll receive invitations for cervical screening:

- every 3 years at ages 25 to 49
- every 5 years at ages 50 to 64

If you're a trans man registered with a GP as male, you will not receive automatic invitations.

You can still have cervical screening. You'll need to ask your GP practice for an appointment.

If you're a trans woman or non-binary person assigned male at birth, you do not need cervical screening as you do not have a cervix.

How to stop being invited for cervical screening

Contact your GP to ask to be taken off their cervical screening list if:

- you no longer have a cervix, but still receive invitations to screening
- you still have a cervix, but you do not want to be invited for screening

Breast Screening

If you are registered as female and aged over 50 you will be invited for breast screening every 3 years. If you are not invited and still have breast tissue you can request a referral for a mammogram.

Abdominal Aortic Aneurysm Screening

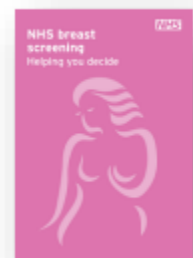
Patients registered as male aged 65 will be invited for this. If have not been invited you can request this from your GP.

*This is only required by those who were male at birth.

Prostate Testing

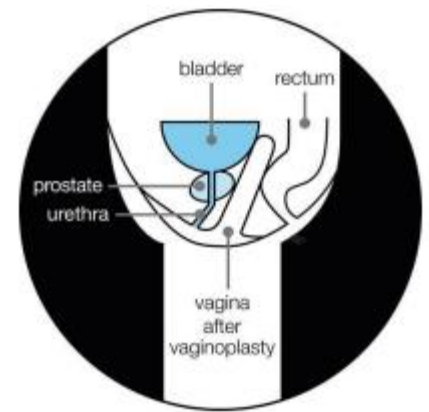
Trans women and non-binary people may still have a prostate (see below) so still carry the risk of the possibility of prostate cancer. If you have any concerns, you can request to have your PSA checked by your GP.

Do trans women have a prostate?



Yes, trans women have a prostate – the prostate is a gland that sits underneath the bladder and surrounds the urethra, which is the tube that carries urine (wee) out of the body. The prostate is not removed as part of genital reconstructive surgery because of the risk of side effects such as urinary problems and damage to nerves.

The diagram shows where the prostate is in someone who has had genital reconstructive surgery that includes the formation of a vagina (vaginoplasty).



Can trans women get prostate cancer?

Yes, trans women and non-binary people assigned male at birth can get prostate cancer. There aren't many studies of prostate cancer in trans women but they suggest that there is a lower risk than in cis men.

Information Courtesy of Prostate Cancer UK.

You can access further information on cancer screening for trans people here:



[Trans and non-binary cancer screening | Cancer Research UK](#)

[Can trans women get prostate cancer? | Prostate Cancer UK](#)

Questions?

How long does it take to get a new NHS number?

Due to NHS backlogs and increased workload, we aim to have your new record and new NHS number in place between 4-6 weeks from the date we receive your intention to change gender, but due to increased demand this can take longer. You will be contacted when the record change is complete and informed of your new NHS number.

Will changing my gender affect ongoing referrals

If you have any outstanding referrals or are on any waiting lists, changing your gender and receiving a new NHS number/record should not affect your place on these lists, but patients are advised to contact any clinic or hospital they have ongoing care with to ensure they have your new NHS number and record on their system to ensure continuity of care.

Will all mention of my previous name, gender, and NHS number be redacted during the transfer of my records?

All mention of your previous name, gender, NHS number, and pronouns will be redacted from your new record. Any new documents that mention your gender change or previous NHS number will be redacted before they are added to your record.

Will you be able to access my previous medical record? What will happen to my medically relevant data?

We will be able to search for your old NHS number on our system, however the record will state the NHS number is invalid and should not be used. All medically relevant information from your previous record will be manually transferred to your new record.

We are unable to remove any medically relevant information from your record even if it is related to your previous gender or your change in gender. For example, if a male patient requires a cervical smear, we need to have this recorded on their new NHS number to ensure that the patient still receives the care they are eligible for. If there is any specific information on your record that you feel is unnecessary, please complete an online consultation via this link [Contact us about your request](#)

Do I need a new NHS App login?

Yes, once you have your new NHS number you will need to sign up again.