# You and Your General Practice



What You Can Expect (Your Rights

### 1. Contacting Us

- & Open Monday-Friday, 8:00 AM-6:30 PM
- & Call us, visit in person, use the NHS App, or our website



#### 2. When We're Closed

- & Urgent (non-emergency)? Call 111 or visit NHS 111 online
- Emergency? Call 
   → or go to A&E



### 3. Appointments

- & Tell us what you need so we can help quickly
- & We will reply within one working day with:
- & Same-day/Future appointment
- & Phone call or message
- & Advice from pharmacy or NHS service



### 4. Who You Might See

- & GP, nurse, pharmacist, or other trained staff
- & Carers can speak for you with your consent
- & You can ask for a preferred clinician (may wait longer)

### 5. Extra Support

- & From age 16, you can book alone
- & Tell us if you need a translator, wheelchair access, or extra help

### 6. Your Rights

- & Register with any local practice no ID or proof of address needed
- & Choose your hospital for referrals if available
- & Be treated with respect, kindness, and fairness







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## How You Can Help

### 1. Be Ready

& Think about what you want to say before your appointment



### 4. Join In

& Join the Patient Participation
Group to share ideas



### 2. Be On Time

& Arrive promptly or cancel if you can't come



#### 5. Give Feedback

- & Speak to the Practice Team
- & Or contact Healthwatch or Lincolnshire Integrated Care Board



### 3. Use Services Wisely

- & Use the NHS App for prescriptions, and results
- & Turn on notifications so you don't miss messages
- Order only what medicines you need



Together, we can make your care better!