THE CIRCLE: **SURVIVORS SUPPORT GROUP**



We want to provide further support to women who are facing difficulties due to historical domestic abuse.

We hope that through attending our monthly group, you'll have the opportunity to:



Validate your history



Gain tools to rebuild your strengths



Improve your wellbeing to shift from survivors to thrivers



You would need to have completed counselling around the impact of your experiences, and cannot be currently in an abusive relationship. We also require you not be under IDVA support, or involved in any Criminal Justice proceedings regarding the abuser.

WHERE: Online

Scan the OR code or book via the link:

TIME: 12-1:30pm



mytp.me/SASHeventbrite

If you have any questions about the support group, please contact us via email where we can provide further information.

Working Together











