

Bereavement support for children and families

Here you'll find guidance on the legal, financial, and practical steps to take after a death, including wills, probate, and funeral arrangements.

Care for the Family

Family support, including a confidential CareLine for everyone in the family

www.careforthefamily.org.uk | 029 2081 0800



SCAN ME

Child Bereavement UK

Supports families facing the death of a child or close loved one, offering phone, video, and face-to-face support.

www.childbereavementuk.org | 0800 02 888 40



SCAN ME

Child Death Helpline

A helpline run by bereaved parents for others affected by the death of a child, offering understanding and peer support.

www.childdeathhelpline.org.uk | 0800 282 986



SCAN ME

Childhood Bereavement Network

A national hub offering resources and guidance for professionals and families supporting bereaved children.

<https://childhoodbereavementnetwork.org.uk>



SCAN ME

Grief Encounter

Provides therapy and creative support (e.g., art, journaling) for bereaved children and young people.

www.griefencounter.org.uk | 0808 802 0111



SCAN ME

Bereavement support for children and families

These services provide specialised help for children, young people, and families coping with bereavement, offering tailored emotional support and resources.

Hope Again

The youth arm of Cruse, this site supports young people (12–25) through grief with peer-led content and advice.

www.hopeagain.org.uk | 0808 808 1677



SCAN ME

Jigsaw South East

Supports children before and after a bereavement, including self-referral grief support and preparation services.

www.jigsawsoutheast.org.uk | 01342 313895



SCAN ME

riprap

Online support for teens who have a parent with cancer, with real stories and moderated forums.

www.riprap.org.uk



SCAN ME

Sands

Provides support for anyone affected by pregnancy or baby loss, including helplines and peer groups.

www.sands.org.uk | 0808 164 3332



SCAN ME

Winston's Wish

Helps bereaved children and young people (up to 25) with emotional and practical support.

www.winstonswish.org | 08088 020 021 | Text WW to 85258



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