



## Craigshill Health Centre— August 2025 Newsletter



# A smear test could save your life

## Cervical Cancer Awareness

We are proud to support the campaign to raise awareness of **cervical cancer** and the importance of booking your **smear test**.

Regular screening can help prevent cervical cancer and save lives.

❓ To find out more, simply scan or click the QR code below.



A PROJECT BY

### IMPACTFUL PARENTS WEST LoTHIAN

GET CREATIVE & GET SUPPORT WITH YOUR NEXT STEPS

Are you an unemployed or underemployed lone parent or ethnic minority parent? Do you want to get creative, learn new skills, and find a new job, training opportunity, or course?

**Join our creative employability programme, Impactful Parents!**

**COMPLETELY FREE**  
TRAINING ALLOWANCE & TRAVEL EXPENSES PROVIDED

- Art activities
- CV and interview skills
- Work with a professional artist & opportunities coordinator
- Build your confidence
- Connect with other parents and make friends
- Boost your wellbeing
- Gain qualifications

We'll work with you to ensure your benefits are not affected.

SCAN THE QR CODE BELOW TO GET THE FULL INFO INCLUDING DATES, TIMES & LOCATIONS...



Everyday questions about your health  
The answer is NHS inform



[www.nhsinform.scot](http://www.nhsinform.scot)  
0800 22 44 88



# Craigshill Health Centre will be closed on: Monday 15th September 2025

If you require urgent medical treatment that cannot wait until we reopen on Tuesday 16th September 2025, please dial NHS 24 on 111.



## Training Afternoon Notice Wednesday 24th September 2025

The practice will be **open for urgent cases only** on **Wednesday 24th Sep**, from **1:00pm to 6:00pm**, due to essential staff training.

We will reopen for **routine appointments and enquiries** the following day at **8:00am**.

Thank you for your understanding.

## Services in Our Area

We work with local organisations to provide a **guide for patients**.

These services offer a wide range of support — from **mental health** to **housing advice**.



## Support for Veterans



To access support for Forces Veterans, please **click or scan the QR code**.

You can also have your veteran status coded on your medical record by visiting the link.



## Children's Physiotherapy Drop-In Clinics

**For Pre School Children /Under 5's Only**

Are you worried about your child having:

- Walking difficulties
- Balance problems
- Not achieving their milestones e.g. rolling, sitting, walking



Please come along to discuss your concerns with a physiotherapist at:

**St John's  
Hospital  
9:30-11:30**

**Wednesday 17<sup>th</sup> September  
Wednesday 1<sup>st</sup> October  
Wednesday 29<sup>th</sup> October**

If your child is over 5 please call us on 01506 522068 and we will take a self referral



**01506 522068**