# HAVE YOUR SAY AT THE SPEEDWELL PRACTICE!

Join Our Patient Participation Group (PPG)

• The Speedwell Practice | 16 Torrington Park, N12 9SS



#### WHAT IS THE PPG?

## THE PATIENT PARTICIPATION GROUP (PPG) IS A GROUP OF PATIENTS AND STAFF WHO WORK TOGETHER TO:

♣ Improve services
✓ Share feedback

Discuss ideas
 Support health education

It's all about creating a stronger connection between patients and the practice.

And yes — young people like YOU are welcome and needed!

#### \* WHY JOIN THE PPG?

# EVERY PATIENT IS WELCOME, REGARDLESS OF AGE OR BACKGROUND., YOUR PERSPECTIVE IS VITAL TO SHAPING SERVICES THAT WORK FOR YOUR GENERATION.

As a PPG member, you can: Influence how appointments and digital systems work Help tackle issues like mental health access, sexual health, and

health inequalities

Be part of a community that creates change

Learn more about how healthcare works from the inside

#### JOIN US!

## → GET INVOLVED – IT'S EASY! ■ Email us: nclicb.speedwell.patientgroup@nhs.net Or speak to reception for a paper form!

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☑ Meetings every 2 months
⑤ Time commitment: About 1 hour every 6–8 weeks
➢ Open to all patients – especially young adults!

#### " STILL NOT SURE?

### TBA

\* Speedwell Practice Meeting Room

i Snacks provided | Friendly faces | No pressure to join

## P YOUR VOICE. YOUR HEALTH. YOUR FUTURE.

## ♣ JOIN THE SPEEDWELL PPG TODAY AND HELP SHAPE THE CARE YOU RECEIVE ### AND COMPANY TO THE CARE YOU ### AND COMPANY TO THE CARE YOU RECEIVE ### AND COMPANY TO THE CARE YOU ### AND COMPANY TO THE CARE YOU RECEIVE ### AND COMPANY TO THE CARE YOU ### AND COMPANY TO THE CARE YOU

Scan the QR Code for easier access

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