



Newland News

Staff Announcements



- Dr Rona Fishburn joined the practice in August as our Foundation doctor. She is with us until December.
- We are delighted to announce that Dr Jem Attwell joined us as a salaried doctor on Thursday and Friday and Dr Mary Flinn joined the practice as a long term locum. We wish them all the best and welcome them to the practice.
- Amy Gaynor-Kirk, one of our Mental Health nurses leaves us at the start of September. We still have Lyndsey Feeney working with us at the start of the week.
- Dr Sarah Muir is currently absent from work as she is receiving treatment for a recent cancer diagnosis. We know you'll join us in sending Dr Muir and her family your very best wishes during this time.



Updating your mobile phone number

At the practice, our clinical and admin staff regularly send texts to our patients, from useful website links discussed in your consultations to appointment reminders, and important information from our secretarial staff that's been passed on to them by your GP.

Occasionally we send a group text to all our patients. We'll be able to update you if the practice is effected by any bad weather and if there are any local roadworks that may delay you getting to your appointment.

These are just some reasons why its vital for you to keep your contact details up to date. If you need to update your details please collect a form from reception.

Public Holiday—Monday 15th September 2025

The practice is closed on the above date. Please phone NHS 24 on 111 in an emergency. Please note that repeat prescriptions will not be issued from NHS 24 and patients are urged to order their prescriptions from the practice in plenty of time before the public holidays.

Advanced Physiotherapist Practitioner

Patients do not need to be seen by the doctor first and can make an appointment with reception for this service. These appointments are face to face.

- All soft tissue injuries, strains, sprains and sports injuries.
- Arthritis.
- Spinal pain, neck, mid or low back pain.
- All joint pains, hips, knees, shoulders etc.
- Trapped nerves/sciatica.
- Mobility problems.
- General weakness after illness/surgery.

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You need to be over the age of 16 to use this service.



Please note the practice is closed for staff training on 1st October and 26th November 13.00-1800. In a medical emergency please call the practice on 01506 655155 and you will be re-directed to our practice mobile number

Did you know September is national suicide prevention month?

National suicide prevention month runs from 1st September until 30th September. Annual figures for Scotland figures showed suicide rates increased by 4% in 2023, the average age being 45.

If you are experiencing a mental health crisis and the practice is closed you can call 111 if you are

- **Feeling Distressed**
- **In a state of despair**
- **Suicidal**
- **In need of emotional support**



Please go to NHS inform for more information—www.nhsinform.scot