

Monday	Tuesday	Wednesday	Thursday	Friday
<b>Stay &amp; Play / Toy Library</b> <b>1pm – 3pm</b> (0-5 years)	<b>Wigglers &amp; Jigglers/ Toy Library Drop-In</b> <b>10.30am – 11.30am</b> (0 – 12 months)	<b>Kitchen Club Drop-In</b> <b>10.30am – 12.30pm</b> Start date 30th April (Parents can attend with or without children under 5)	<b>Baby Bells with Heatbeeps Drop-In</b> <b>1pm – 1.45pm</b> (0 – non crawling age)	<b>Baby Stay &amp; Play /Twins Support drop-in group with Toy Library</b> <b>10am – 12pm</b> (0 – 2 years)
<b>Community Play Day</b> Saturday 26/07 Please find separate flyer for more information (0-8 years)	<b>Welcome to the Hub session</b> <b>11am – 11.30am</b> Last Tuesday of the month Call to book (New born children & parents)	<b>Forest School Drop-In</b> <b>10pm – 12pm</b> Meet at Clapton Park Children's Centre (18 months–5 years)  <b>Navigating Early Parenthood Workshop for New Parents</b> <b>1.30pm – 3pm</b> Thursday 5/06 Call to book	<b>Happy House with Heatbeeps Drop-In</b> <b>2pm – 2.45pm</b> (Crawling age– 4 years)  <b>Baby Steps Clinic</b> <b>9am – 4pm</b> By referral only	<b>Get together with Parents Panel</b> <b>1pm – 3pm</b> First Friday of the month Call Nivedita <b>077 6692 3838</b> or Amrika on <b>078 1852 4049</b> for booking.
	<b>Baby Massage</b> <b>1pm – 2.30pm</b> 29/04 to 27/05 Call to book  <b>Baby Steps Clinic</b> <b>9am – 4pm</b> By referral only  <b>Starting Solid workshop for Parents</b> <b>10am – 12pm</b> 13/05 and 17/06 Call to book.	<b>Health Clinic</b> <b>1.30pm – 3.30pm</b> Call <b>020 7683 4151</b> to book  <b>Infant Feeding Support Drop-In</b> <b>1pm – 2.30pm</b>  <b>Sing &amp; Sign with Corin Drop-In</b> <b>2.15pm – 3pm</b> (0 – 5 years)  <b>Coping with Challenging Behaviour and Meltdowns</b> <b>1.30pm – 3pm</b> Thursday 15/05 Call to book  <b>Pottery Course (7 weeks)</b> <b>3.30pm – 4.45pm</b> (0 – 8 years) 4/06– 16/07 Call to book	<b>First Aid Workshop for Parents</b> 22/05 <b>1pm – 2.30pm</b> Call to book (under one year old)  <b>Understanding pregnancy, labour, birth and your baby</b> <b>10am – 11.45am</b> 24/04 to 22/5 Call to book.  <b>Understanding your baby course (0– 10 months)</b> <b>10am – 11.45am</b> 5/06– 10/07 Call to book	<b>Hair Care (Crown Care) Workshop for Parents</b> 25/04 <b>10am – 12pm</b> Call to book.  <b>ESOL (English) Class for Parents</b> <b>12.30pm – 3pm</b> Call to book

# Wentworth Nursery School & Children's Centre

Activity Timetable (Term Time only) 23rd April to 22nd July 2025

Granard House, Bradstock Road, E9 5BN

T: 020 8985 3491, option 2

Monday	Tuesday	Wednesday	Thursday	Friday
<b>Antenatal Clinic</b> 9am – 4pm By appointment only	<b>Speech &amp; Language Therapy</b> 9am – 4pm By referral only	<b>Speech &amp; Language Therapy</b> 9am – 4pm By referral only	<b>First Steps/Baby Steps Clinic</b> 9am – 4pm By referral only	<b>Antenatal Clinic</b> 9am – 4pm By appointment only
<b>Stay &amp; Play Drop-In</b> 9.30am – 11.30am (0– 4 years)	<b>Tini Tots Time Drop-In</b> 9.30am – 11.30am (Newborns to pre-walkers)	<b>Childminding – Support for Childminders</b> 10am – 12pm 0–5 years	<b>Tini Tots Time Drop-In</b> 9.30am – 11.30am (Newborns to pre-walkers)	<b>Stay &amp; Play Drop-In</b> 9.30am – 11.30am (0–4 years)
<b>HENRY Parenting Programme with creche</b> 12:45pm – 3pm 12/05– 7/07 For children under 5, Call for more information.	<b>Adult Learning: ESOL with creche</b> 1pm – 3pm By invitation only  <b>Fussy Eating workshop with HENRY</b> 1pm – 3pm 27/05 Call to book	<b>Baby Massage</b> 10am – 10.50am 30/4– 21/5 and 18/6 – 9/9 For newborns to pre-crawlers and their grown-ups. Booking only. Call to express interest.	<b>Stay &amp; Play Drop-In</b> 1pm – 3pm (0– 4 years)  <b>Starting Solid workshop with HENRY</b> 1pm – 3pm 8/5 Call to book	<b>Quilting Course with Creche</b> 1pm – 3pm Booking only. Call to express interest.  <b>Starting Solid Workshop with HENRY</b> 1pm – 3pm 4/7 Call to book
		<b>Adult Learning: ESOL with creche</b> 1pm – 3pm By invitation only	<b>First Aid Workshop for Parents</b> 9.45am– 11.45am 19/06 Call to book (under one year old)	<b>Parents Panel Meeting</b> 1pm – 3pm 6/06 Call Nivedita Samji on 077 6692 3838 for more information and booking

# Clapton Park Children's Centre

Activity Timetable (Term Time only) 23rd April to 18th July 2025

161 Daubeney Road London E5 0EP


T: 020 8986 7437

Monday	Tuesday	Wednesday	Thursday	Friday	
<b>Sensory Play</b> <b>12.30pm – 1.30pm</b> Term time only (0–18 months or SEND children aged 0– 5 years)	<b>Stay &amp; Play</b> <b>10am – 12pm</b> (0– 5 years)	<b>Forest School Drop-In</b> <b>10am – 11.30am</b> Term time only (18 months– 5 years)	<b>Messy Play</b> <b>10am – 12pm</b> (0 – 5 years)	<b>Under 18 months session</b> <b>10am – 12pm</b> (0 – 18 months)	
<b>Sensory Toy Library</b> <b>1.30pm–2pm</b> Term time only (0–18 months, or SEND children aged 0–5 years)	<b>Toy Library with Stay &amp; Play</b> <b>10am – 12pm</b> (0– 5 years)	<b>Childminding – Support for Childminders</b> <b>10am – 12pm</b> (0– 5 years)	<b>Baby Bell</b> <b>10am – 10.45am</b> 24/04 – 17/07 (0 – 5 years)	<b>Baby Massage</b> <b>10am – 10.45am</b> 5 week course (Pre-crawlers) Call to book.	
	<b>ESOL Course for parents</b> <b>9.30am – 11.30am</b> Call to book	<b>Gardening Club</b> <b>10.30am – 11.30am</b> (18 months– 5 years)	<b>Barnardo's Antenatal Course (Young Parents Only)</b> <b>1pm – 3pm,</b> 21/4 – 19/5 Call to book		
	<b>First Aid workshop for parents</b> <b>1pm – 3pm</b> 6/05 Call to book	<b>Sensory Toy Library</b> <b>1pm – 1.30pm &amp; 1.30pm – 2.30pm</b> (0–18 months, or SEND children aged 0–5 years)			
		<b>ESOL Course for parents</b> <b>9.30am – 11.30am.</b> (Invitation only)			

# Millfields Children's Centre

Activity Timetable (Term Time only) 23rd April to 18th July 2025

Elmcroft Street, London E5 0SQ  
ccinfo@millfields.hackney.sch.uk

Monday	Tuesday	Wednesday	Thursday	Friday
<b>Baby Massage Drop-In</b> <b>1.30pm – 2.30pm</b> (0– pre-crawling) 28//04, 12/05, 2/06,16/06 23/06, 30/06 and 7/07	<b>Stay and Play Drop-In</b> <b>10am – 11:30am</b> (0– 5 years)	<b>Stay and Play Drop-In</b> <b>10am – 11.30am</b> (0 – 5 years) No Session on 30 April	<b>Stay and Play Drop-In</b> <b>10am –11.30am</b> (0 – 5 years) No session on 10 July as we will do a trip	<b>Music and Movement Drop-In</b> <b>10am –11.30am</b> (0 – 5 years)
<b>Starting Solids Workshop</b> <b>1pm – 3pm</b> 19/5 and 14/07 Please book in advance.  <b>Mini Movers Drop-In</b> <b>2pm – 3pm</b> 09/6	<b>Use the Room Drop-In</b> <b>1.15pm – 3pm</b> (0 – 5 years) Our room is available for families to use independently on Tuesday afternoons.  Ring the bell and we'll let you in!	<b>Sing and Sign with Corin Drop-In</b> <b>1pm – 1.45pm</b> No Session on 30 April (0 – 5 years)	<b>First Aid Workshop for Parents</b> <b>1pm – 3pm</b> 19/06 Please book in advance (under 1 year old)	

# Frampton Park Baptist Church (FPBC)

Activity Timetable (Term Time only) 23rd April to 18th July 2025

Frampton Park Road, London E9 7PQ  
T: 020 8986 4765

Monday	Tuesday	Wednesday	Thursday	Friday
	<b>Parents Panel Meeting</b> <b>10am – 12pm</b> 16/07 Call Nivedita Samji on 077 6692 3838 for more information and booking	<b>Stay and Play Drop- In</b> <b>10am – 12pm</b> (0 – 5yrs)	<b>Stay and Play Drop- In</b> <b>10am – 12pm</b> (0 – 5yrs)	<b>Stay and Play Drop- In</b> <b>10am – 12pm</b> (0 – 5yrs)

# Morningside Children's Centre

Activity Timetable (Term Time only) 23rd April to 18th July 2025

Chatham Place, Hackney, London, E9 6LL  
T: 020 8525 2400

Monday	Tuesday	Wednesday	Thursday	Friday
<b>Messy Play Stay &amp; Play with My Journey Books drop-In</b> <b>9am – 11.30am</b> (0 – 5 years)	<b>Baby Yoga with Karen</b> <b>10am – 11am</b> 22/06 – 3/06 & 17/06 – 15/07 Booking required (6 weeks – 8 months)	<b>Stay &amp; Play Moving, Rolling &amp; Time to Explore</b> <b>9am – 11.30am</b> Drop in session (0 – 12 months)	<b>Heuristic Stay &amp; Play</b> <b>9am – 11.30am</b> Drop-in session (0 – 2 years)	<b>Infant Feeding Support</b> <b>9am – 1pm</b> By appointment only. Call to book.
<b>First Steps Psychology Support</b> (Referral & by appointment only) <b>9am – 5pm</b> (0 – 18 year)	<b>Baby Massage with Karen (5 weeks)</b> <b>11.30am – 1pm</b> 22/04 – 3/06 17/6 – 15/07 Booking required (6 weeks-8 months)	<b>Speech &amp; Language Therapy Session 1:1</b> <b>9.00am – 3.30pm</b> (By referral or appointment only)	<b>Messy Play Stay &amp; Play Drop-In (with mud kitchen and water play)</b> <b>1pm – 3pm</b> (0 – 5 years)	<b>Music with Double Bass Dan Drop-In</b> <b>9.30am – 10am OR 10.15am – 10.45am</b> (0–5 years)
<b>Soft Play with My Journey Books Drop in session</b> <b>1pm – 3pm</b> (0 – 2 years)	<b>Speech &amp; Language Therapy Session 1:1</b> <b>9am – 3.30pm</b> Referral & by appointment only	<b>Maths with Hackney Education</b> <b>10am – 2pm</b> (invite only)	<b>English (Entry Level) with Hackney Education</b> <b>1pm – 3pm</b> (invite only)	<b>First Year &amp; You</b> <b>10am – 12pm</b> 02/05 – 04/07 Invite only (For parents of babies aged 0–12 months)
		<b>Stay and Play with Mini Library Drop in</b> <b>1.30pm – 3pm</b> (0– 5 years)		<b>First Aid Workshop for Parents</b> <b>1pm – 3pm</b> 23/05 Please book in advance (under 1 year old)

Monday	Tuesday	Wednesday	Thursday	Friday
<b>Family Breakfast (come and have breakfast with your children)</b> 8.15am – 8.45am (0 – 10 yrs)	<b>Speech and Language</b> 9am – 12pm  <b>Stay &amp; Play</b> 3.45pm – 4.45pm (0 – 8yrs)	<b>Coffee Morning with Joyce</b> 8.45am – 9.30am  <b>Stay n Play</b> 3.45pm – 4.45pm (0 – 8yrs)	<b>Mini Movers 1.1 Consultation</b> 9am – 3pm  <b>Registered Childminder Group</b> 9.30am – 11.30am	<b>Special Educational Needs and Disabilities Stay &amp; Play</b> Emerging or diagnosed 9am – 11am
<b>First Steps 1.1 Consultation</b> 9am – 3pm  <b>Stay &amp; Play</b> 3.45pm – 4.45pm (0 – 8yrs)	<b>First Aid workshop for parents</b> 6/05 9.30am– 11.30am Booking required (under one year old)	<b>First Steps 1.1 Consultation</b> 9am – 3pm	<b>HENRY: Supporting healthy nutrition, active lifestyle and parenting</b> 9.15am – 12pm 15/05 – 10/07 Booking required (0 – 5yrs)	<b>Baby Massage with Karen (5 weeks)</b> 10am – 11.30am 16/05 – 13/06 20/06 – 18/07 Booking required (4 weeks– pre crawling)
<b>Badu Keep Fit for Adults</b> 10am – 11.30am Booking required (with creche)	<b>Sensory Stay &amp; Play</b> 9.30am – 11.30am (0 – 5yrs)	<b>BFI Drop in Session</b> 10am – 11am	<b>Baby Yoga with Karen</b> 15/5 – 12/06 19/06 – 17/07 <b>1.30pm – 2.30pm</b> Booking required (6 weeks – pre crawling)	<b>Mama Meet Up</b> 11.30am – 1pm Please ask for more details
<b>English GCSE Course</b> 1pm – 3pm	<b>Math GCSE Course</b> 9.30am – 3pm	<b>Stay &amp; Play with my Journey</b> 9.30am – 11.30am (0– 5yrs)	<b>Drop in Toy Library</b> 9.30am – 11.30am (0 – 5yrs)	<b>Cooking with Joyce</b> 3.30pm – 5pm (0 – 5yrs)
<b>Respite Creche</b> 1.30pm – 3.30pm (0 – 5yrs)	<b>Messy Play</b> 1.30pm – 3.30pm (0 – 5yrs)	<b>Respite Creche</b> 1.30pm – 3.30pm (0-5yrs)	<b>English GCSE Course</b> 1pm – 3pm	

# Daubeney Children & Family Hub

Activity Timetable (Term Time only) 23rd April to 18th July 2025

## Citizen's Advice

For support, advice, information on wellbeing, welfare and benefits.

**Tuesdays, 10am–1pm**

Daubeney Children & Family Hub.

Call **020 8525 7040** to book.

## Shelter Housing Support and Advice

Contact **020 8525 7040**

## Domestic Abuse Intervention Service Support and Advice

Contact **020 8525 7040**

## Baby Steps Support and Advice

Contact **020 8525 7040**

## Healthy Start Vitamins

FREE vitamins for pregnant women, new mums and children under four. You can collect Healthy Start Vitamins from Daubeney, Gainsborough, Wentworth, and Morningside reception **Monday– Friday, 9am– 5pm.**

## Forest School Outdoor Learning at Clapton Park Children's Centre

More information:

[hackneyforestschoool.co.uk/web/drop-ins/225242](https://hackneyforestschoool.co.uk/web/drop-ins/225242)

## Rose vouchers

To find out if you are eligible for rose vouchers for **FREE** fruit & vegetables,

Contact **Daubeney Children & Family Hub.**

## Childcare

For more information on childcare vacancies contact:

**Daubeney Children & Family Hub and Nursery**

**020 8525 7040**

**Wentworth Nursery School & Children's Centre**

**020 8985 3491 Option 2**

**Clapton Park Children's Centre**

**020 8986 7437**

You can also find out if you are eligible for **FREE** fifteen hours childcare for 2 year olds and 30 Hours Childcare for 3 & 4 year olds.

For more information go to:

[education.hackney.gov.uk/](https://education.hackney.gov.uk/)

## Early Help Family Support

If you would like support with family life, finances issues and other issues, speak to the Family Support Service. They can provide one-to-one support or direct you to where you can access relevant support.

Please call Family Support **Monday to Friday, 9am– 4.30pm** on **020 8525 7040.**

## Speech & Language initial assessment (CATCH)

If you are concerned about your child's speech, language or communication, you can attend a CATCH Initial Assessment. Appointment only.

Email: [huh-tr.sltinfo@nhs.net](mailto:huh-tr.sltinfo@nhs.net) or

call **020 7683 4262** for more information.

1st Tuesday of the month at

Daubeney Children & Family Hub

2nd Tuesday of the month at

Wentworth Children's Centre

## Childminder Network

Clapton Park Children's Centre

Contact Grace on 020 8986 7441 or

07810856321

## Useful Links

## Homerton Maternity Helpline

**020 8510 5955**

Available every day from 10am–6am

[huh-tr.homertoninfantfeeding@nhs.net](mailto:huh-tr.homertoninfantfeeding@nhs.net)

[homerton.nhs.uk/infant-feeding](https://homerton.nhs.uk/infant-feeding)

## NCT Infant Feeding

**0300 330 0700**

Available every day from 8am to midnight

[hackneyinfantfeeding.nct.org.uk](https://hackneyinfantfeeding.nct.org.uk)

## Support for Dads

Dads Who whatsapp group: **079 8460 1104**

[info@healthwatchhackney.co.uk](mailto:info@healthwatchhackney.co.uk)

## Solihull approach to parenting Hackney

**08081451893**

[SolihullApproachHackney@barnardos.org.uk](mailto:SolihullApproachHackney@barnardos.org.uk)

Available on Monday - Friday 9-5

<https://www.barnardos.org.uk/get-support>

## anya

**24/7 Pregnancy, Parenting and Infant Feeding Support**

<https://anya.health/parenting-support>