

WEBSITE

We have a new website:

<http://www.shaftesbury-churchview.co.uk>

You can find useful information about the practice, order a prescription, links to health related websites, general health advice, etc.

**Contact details:
Shaftesbury Medical Centre
78 Osmondthorpe Lane
Leeds LS9 9EF
Tel: 0113 2409500**

**Church View Surgery
2nd Floor
Cross Gates Medical Centre
Station Road
Leeds LS15 8BZ
Tel: 0113 2600021**

INTRODUCTION

Hello everyone,

I'm Julie the Practice Manager at Dr Taylor and partners and I'm delighted to introduce our latest Newsletter!

As we step into the next few months, we want to keep you updated on what's happening at the practice, share some important health tips for the season, and let you know about any changes that might affect your care.

In this edition, you'll find:

- **Staff updates** – new staff joining our team.
- **GP Patient Survey Results** – See how your feedback is shaping our services.
- **Spotlight on Local Services** – Know where to turn when we're closed.
- **Don't waste GP/Hospital appointments**
- **Mounjaro** – requests for weight loss injections

We hope you find this newsletter helpful. Your feedback is always welcome and helps us improve our service to better meet your needs.

Julie Sutcliffe
Practice Manager

FLU/COVID VACCINATIONS TIME!

Vaccination protects against severe illness and hospitalisation. Flu and COVID-19 spread easily through coughs and sneezes, especially in winter. Annual vaccination is vital—especially for vulnerable patients.



Key Dates:

- **Children & Pregnant Women:** Clinics start **1st September**
- **Other Eligible Groups:** Clinics begin **5th October**
-

RSV (Respiratory Syncytial Virus) Vaccinations

RSV (Respiratory Syncytial Virus) vaccines are being offered to:

- Pregnant women (from 28 weeks)



MOVED?

Moved into the area or leaving the area – have we got your details correct?

If you are unsure whether you are within the surgery boundaries please contact us and we can check.

Community boundaries do apply and assist in ensuring your surgery covers an area which allows the doctor to respond to you, and your family, if and when the need arises in an emergency or home visit.



CONTACT DETAILS

If you have recently changed telephone number, especially mobile numbers, please keep us up-to-date. Without the correct information we will not be able to contact you! You can let us know by using our online service which you can find on our website.

- Adults aged 75–79

RSV can cause **bronchiolitis or pneumonia**, particularly dangerous in babies and older adults.

◆ **HPV Catch-up Vaccinations**

HPV (Human Papillomavirus) is linked to various cancers, including cervical, head and neck cancers. If you're aged **16–25** and missed your school vaccination, we'll be contacting you to arrange your catch-up dose.

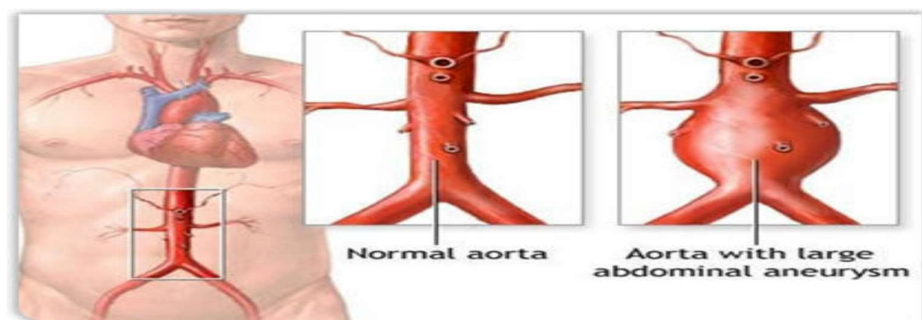
✈ **Travel Vaccinations**

Planning a trip abroad? Please contact the surgery **at least 8 weeks** before departure. Shorter notice may mean we cannot accommodate your request and would require referral to a **private travel clinic**.

ARE YOU MALE AND AGED 65 ... IF SO READ ON!

What is an abdominal aortic aneurysm?

1 in 20 men aged 65+ have an abdominal aortic aneurysm. It's a swelling in the aorta that can be life-threatening.



- A quick **10-minute ultrasound** can detect this early.
- **Eligible men aged 65** will be invited to screening in **October 2025**.
- Over 66? Call **0113 206 3640** with your NHS number to self-refer.

📍 **Drop-in Smear Clinic**

We've extended our monthly drop-in smear clinic:

- 🕒 **New time: 5:00 – 6:30pm**
- 📍 1st Tuesday of every month at Shaftesbury Medical Centre

GP Prescribing of Mounjaro (Tirzepatide) for Weight Management

You may be aware of recent media announcements regarding the potential for General practitioners to issue prescriptions for weight loss injections, specifically Mounjaro (Tirzepatide). Shaftesbury Medical Centre and Church View Surgery are not part of any pilot project and currently are unable to prescribe Mounjaro, we are awaiting agreement on a formal pathway by the



PRACTICE TRAINING DATES

The doctors and staff work within an environment that is challenging and constantly changing. To keep up-to-date with knowledge and skills we attend regular training sessions. These sessions are held once a month on a Tuesday afternoon. During these sessions the surgery will be closed from 12.00 pm.

Training Dates;

Tues 16th Sept 2025

Tues 14th October 2025

Tuesday 18th Nov 2025

Tues 20th January 2026

Tues 10th Feb 2026

Tuesday 17th March 2026

Should you need a doctor urgently after 12 pm on the above dates please telephone the surgery and you will be transferred to the out of hours service.

Integrated Care Board. Currently patients requesting Mounjaro can be referred to specialist weight management services but only if they meet the strict eligibility criteria.

Based on NICE guidance to qualify for Mounjaro (Tirzepatide) for weight loss, patients must meet the following criteria;

- Have a body mass index (BMI) of 40 or greater. (BMI thresholds are 37.5 for individuals of Black, Asian, and Minority Ethnic (BAME) backgrounds, reflecting adjusted risk profiles).

In addition to a BMI of 40 or greater you **MUST** have a confirmed diagnosis of at least **FOUR** of the following;

- Diagnosed Hypertension (high blood pressure) AND on treatment.
- Diagnosed Sleep Apnoea
- Diagnosed Type 2 Diabetes
- Diagnosed Cardiovascular Disease
- Diagnosed Dyslipidemia

If you do not meet a BMI of 40 (37.5 from BAME background) or above **AND** at least four of the above conditions your GP will unfortunately not be able to refer you for weight loss injections under the current guidance.

For further information please refer to the following short clip:

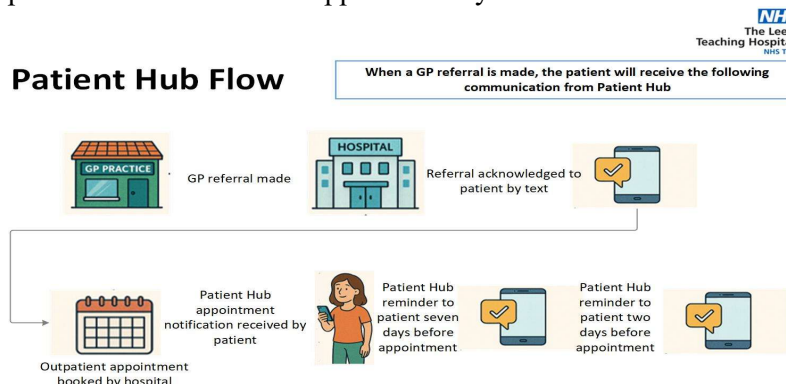
[Can you get Mounjaro free from your GP in England?](#)

or use the following link: <https://www.youtube.com/shorts/xcRLyqfsJdM>

Download the free NHS weight loss App for further help and advice on weight management [Lose weight - Better Health - NHS](#)

LTHT Patient Hub and GP referrals?

The LTHT (Leeds Teaching Hospitals Trust) Patient Hub is a secure online portal that gives you more control over your hospital appointments, allowing you to confirm, rebook, or cancel them via a computer, smartphone, or tablet. The graphic below shows what happens when your GP makes a referral.





YOUR COMMENTS and VIEWS

Your comments and views are important to us. If you have any suggestions on how our service can be improved, then contact the surgery. We have a suggestion box at both sites and are always interested in your comments. We strive to provide the best possible service for our patients.

NHS APP

Use the NHS App to access your NHS Services, anytime, anywhere. You can request repeat prescriptions, use 111, see your test results and have access to your medical records and more! Use the link below to get started

<https://www.nhs.uk/nhs-app/nhs-app-help-and-support>
[NHS App help and support - NHS \(www.nhs.uk\)](#)


NHS Health Check Project – Coming to Your Community!



In partnership with Crossgates and Seacroft PCNs, we're offering **free NHS Health Checks** (ages 40–74) via our **Health Check Bus** or local venues.

- ✓ Blood pressure
- ✓ BMI
- ✓ Cholesterol
- ✓ Diabetes risk

The checks help assess your risk of developing conditions like heart disease, stroke, diabetes, and kidney disease.

 Look out for a **text invite** soon and book your appointment!

Taking part in these health checks is a great step toward staying healthy and catching any potential issues early.

Patient Feedback from Free Gym Sessions – Fearnville Sports Centre

York Road PCN & Active Leeds have been trialling **free gym access** for Shaftesbury Medical Centre patients. Patients were offered free gym access;

 **Wednesdays, 12–1pm**

 Supervised by an Active Leeds member

Feedback from attendees:

- “Helped with a bulging disc—now walking longer distances.”
- “Built confidence and wellbeing.”
- “Thinking of getting a gym membership.”

This trial has now finished but we're currently exploring ways to extend this programme!

Carer's Leeds – Support for Unpaid Carers

If you care for someone due to illness, disability, or mental health—you're a carer, and support is available.



Advice Line: 0113 380 4300



Mon, Wed, Thu, Fri: 9am–4:30pm | Tues: 9am–6:30pm



www.carersleeds.org.uk



Join Our Patient Participation Group (PPG) Contacted the surgery to let us know!

We're looking for **new PPG members**, especially from Shaftesbury and younger age groups. We meet **twice a year** to discuss improving services and sharing ideas—plus, the biscuits are excellent!

Contact reception to express your interest!

✗ DON'T BE A DNA (Did Not Attend)!

Missed appointments waste valuable time.

- Last month our doctors and nurses saw **5922** patients
- Unfortunately **422** patients did not attend their appointment

If you can't attend, cancel by:

- **Phone:** Call and press Option 2 for reception then Option 1
- **Speak to reception**
- **NHS App** or **SystmOne Online**

Patients who regularly miss appointments **may be contacted**.

GP Patient Survey 2025 – Your Feedback Matters!

Thank you to everyone who took part in this year's **GP Patient Survey**. Your feedback helps us improve and provide the best care possible. We're pleased to share a summary of how we did — and how we compare to national figures.



Your Overall Experience

- **76%** of you rated your overall experience with our practice as **good**
(National average: 75%)



Access and Communication

- **43%** found it easy to get through to us by phone
(National average: 53%)
 - *We have upgraded our phone system and patients can now request a call back and still keep their place in queue.*
- **52%** found it easy to contact us via our website
(National average: 51%)
- **54%** found it easy to contact us via the NHS App
(National average: 49%)



Reception & Admin Team

- **91%** said our team is helpful
(National average: 83%)

➤ *A big thank you to our reception and admin staff for their dedication!*



Appointments & Choices

- **72%** were offered a choice of appointment time or day
(National average: 54%)
 - **31%** were offered a choice of location
(National average: 14%)
 - **58%** felt the wait time for appointments was about right
(National average: 67%)
- *All appointment requests are now triaged by a doctor and outcomes based on clinical need. We will be discussing this finding with our PPG.*



Seeing a Healthcare Professional

- **89%** felt listened to during their appointment
 - **85%** felt treated with care and concern
 - **76%** felt their mental wellbeing was considered
 - **93%** had confidence and trust in the clinician
 - **90%** felt their needs were met
- (All above national averages or equal to national average)*



What's Next?

We're proud of the positive results — and we're committed to making further improvements. Based on your feedback, we're focusing on:

- Reducing phone wait times
- Continuing to offer choices in time, location, and method of contact

Thank you for your continued support and trust in our practice. ❤️



Make the most of Local Services

Your GP is just one part of a wider healthcare team. Local services offer quick access, specialist support, and help relieve pressure on GP appointments.



Services to Know:

- **Pharmacies** – Advice on minor ailments, prescriptions, blood pressure checks, oral contraceptives.
- **Urgent Treatment Centres & Minor Injuries Units** – Sprains, bites, cuts, x-rays.
 - St. George's Centre, St. George's Road, Middleton LS10 4UZ
 - Tel :0330 311 5106.
 - Open daily 8am–10:30pm (closed Christmas)
- **Dentists** – For toothache, gum issues, abscesses. Call **NHS 111** to help you find a dentist. Your GP is NOT an expert in dental problems.
- **NHS 111** – For urgent help (not emergencies) for wide range of symptoms **including mental health concerns**. 24 hours a day.
 111.nhs.uk or Contact free on 111

- **Mental Health & Social Prescribing** – Support with anxiety, isolation, finances, housing, domestic violence, bereavement, individuals finding it difficult to engage with services. **Contact your practice to book an appointment.**
- **In-House Physio** – For joint, muscle, ligament, and spinal problems (ages 16+ only).
- For life threatening emergencies always **Call 999** if you have severe chest pain, severe bleeding, severe shortness of breath, symptoms of stroke.

Using the **right service** at the right time helps us help everyone more effectively.

NEW STARTERS



New Starters

We're a training practice, you may meet new **GP trainees** starting in **August**. They are qualified doctors training to become GPs—please give them a warm welcome!

We also welcome our new nurse, Hannah, who has recently started with us. She is a qualified nurse who has moved from a hospital environment to general practice.

Leavers

We've recently said goodbye to our latest group of trainees—thank you for your contributions, and best of luck in your new roles!