



## Flu Vaccine for Children Aged 2 and 3

### flu



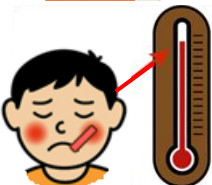
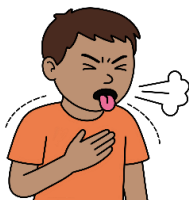
Flu is a **virus** that can make children very poorly.

### Protection



The Flu vaccine can **protect your child** and **stop them spreading flu** to your family and friends.

### symptoms



**Symptoms** of Flu include:

- Finding it hard to breathe
- Aching body
- A sore throat
- A cough
- A temperature above 38 degrees Celsius

## Age 2 or 3



If your child is aged **2 or 3 years old** on the 31<sup>st</sup> August 2025 their flu vaccination will be due in the **September**.

## Nasal spray



The flu vaccine is usually given as a **spray into the nose**.

This is called a **nasal spray**. It is **quick, safe** and **easy** to have and **does not hurt**.

## Possible side effects

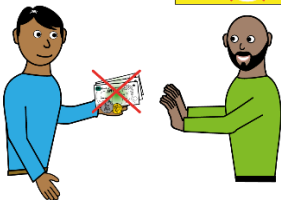


**Side effects** from the vaccine are usually **not serious**.

Sometimes your child might get a **runny or blocked nose, headache, feel tired or not want to eat** as much.

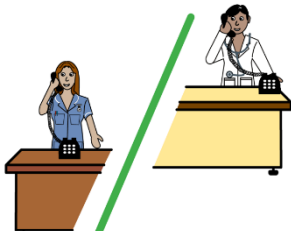
Not everyone gets side effects.

free of charge



The flu vaccine is **free**.

## phone your GP



It is important to be **protected** from serious disease.

**Ask your GP** about the vaccine and to book an appointment.



For more **information** on protecting your child against flu visit [Protecting your child against flu – Information for parents and carers](#)