## WEBSITE - ADHD - ADULTS

## **NHS – CLOSED TO NEW REFERRALS**

## RIGHT TO CHOOSE – PLEASE NOTE THAT WE DO NOT PROVIDE A SHARED CARE AGREEMENT FOR MEDICATION WITH THE GP SURGERY.

Please feel free to research other options available to you, however, some of the clinics that we refer to are:-

- 1. Psychiatry UK aged 18+ waiting time approximately 6-12 months. You will need to provide a covering letter giving a brief reason why you wish to be referred. You will also need to fill in an ASRS scale and letter. You can download these from the website directly, or send an email asking for us to print these forms off for you to collect.
- 2. ADHD360 aged 16+ waiting time approximately 6-12 months. You will need to fill in an ASRS scale and waiting list risk assessment. You will also need to provide a covering letter giving a brief reason why you wish to be referred. You can download these from the website directly, or send an email asking for us to print these forms off for you to collect.
- 3. Clinical Partners— Aged 16+ only- 7-12 months wait. You will need to fill in an ASRS scale. You will also need to provide a covering letter giving a brief reason why you wish to be referred. You can download this from the website directly, or send an email asking for us to print these forms off for you to collect.

THE ABOVE WAITING TIMES ARE APPROXIMATE – PLEASE CONTACT THE PROVIDER FOR UP-TO-DATE INFORMATION.

Once you have made a decision and chosen your provider, please email the surgery giving details of the following:- NAME, DOB, CHOSEN PROVIDER, BRIEF REASON FOR REFERRAL AND WHICH ASSESSMENT (ADHD, AUTISM OR DUAL).

When the forms have been printed, you will be sent a text message when they are ready to collect. Please

Once the forms have been completed, please email or hand them in to the surgery. Once your referral has been sent, you will receive a confirmation text message. If you do not receive a confirmation text within 4 weeks, please contact the surgery.

IF YOU REQUIRE A DUAL ASSESSMENT (ADHD & AUTISM) — we tend to use Psychiatry UK or Clinical Partners.

**Email** – <u>armleymedical.practice@nhs.net</u>