

### **Medication for travel abroad**

# Allowed on NHS prescription

Any usual repeat medications, up to a max of 3 months supply or until the patient can obtain a supply at their destination<sup>1</sup>

## Not allowed on NHS prescription - Private provision only

All medication issued solely in anticipation of the onset of an ailment whilst outside the UK<sup>1</sup>, for example:

- Antimalarial prophylaxis and treatment
- · Travellers' diarrhoea
- Altitude sickness

## **Travel Vaccinations**

#### **Cost-Effective Prescribing**

- Use the most cost-effective choice which is usually single component vaccines. Do not use combined vaccines Hep A/Hep B
- Hep A/Typhoid single components should be given, if unavailable the most cost effective combined product should be used
- Vaccination should only be given if there is a HIGH risk of disease to the traveller which is highlighted on travel
  websites such as NaTHNaC<sup>2,3</sup>
- · Check previous vaccinations received and do not revaccinate if immunity still valid

## Not allowed on NHS prescription - Private provision only

Hepatitis B\*

Rabies

- Japanese Encephalitis
  - Meningitis ACWY\*\*
- Yellow Fever
- Tick-borne encephalitis

#### **Black Light Vaccines**

Hep A/Hep B (Twinrix, Ambirix)

- \* Including for occupational health reasons. See additional hepatitis B guidelines.
- \*\* Unless given under the national Men ACWY vaccination programme.

### Vaccines allowed on NHS prescription

Vaccine	Dosing schedule	Duration of immunity
Hepatitis A	2 doses at 0 and 6-60 months (SPC dependent)  N.B The course does not have to be restarted if 2nd dose is delayed by several years as successful boosting will still occur <sup>2</sup>	25 years <sup>2</sup>
Typhoid	1 dose	Up to 3 years <sup>2,4</sup>
Diphtheria/ Tetanus/Polio (Vaccine combinations and strengths dependent on age at immunisation - see Green Book guidelines)	3 doses at 1 month intervals  First Booster -  <10 years - 3 years after primary course (minimum 1 year interval) >10 years - minimum 5 year interval after primary course  Second Booster -  All ages - 10 year interval (minimum 5 years)  Subsequent Boosters -  10 year intervals <sup>5</sup>	After each booster: 10 years <sup>2,4,5</sup>

Cholera is NOT routinely required for travelers and NHS provision is only permissible in specific circumstances. Please check up-to-guidance for any changes to vaccination and booster advice including COVID-19 vaccinations.

- <sup>1</sup> General Practitioners Committee. Prescribing in General Practice. May 2013.
- NaTHNaC. Travel Health Pro. http://travelhealthpro.org.uk/diseases Accessed 30/05/2022.
  - GP Practices:Focus on travel immunisations. http://www.bma.org.uk/support-at-work/gp-practices/focus-travel-immunisation Accessed 01/03/2016.
- Summary of Product Characteristics http://www.medicines.org.uk/emc/search Accessed 30/05/2022.
- Department of Health. The Green Book. https://www.gov.uk/government/collections/immunisation-against-infectious-disease-the-green-book Accessed 30/05/2022.