Autumn Newsletter '25



Autumn Covid & Flu Vaccines

This October, we will be inviting eligible patients in for their annual Flu and Covid booster vaccinations. Most appointments will be offered during one of our Sunday clinics and invitations will be sent via text message (or letter), enabling most patients to book themselves into one of the available time slots.

Spotlight on Weight Loss Injections



Weight loss injections - also known as GLP-1 agonists – work by slowing down your digestion, lowering your

appetite and making you feel fuller after eating. This means people taking them feel less hungry, so they eat less and lose weight.

Being a healthy weight is important, and new research is suggesting that weight-loss injections not only aid weight loss for people with diabetes but also reduce the risk of having a heart attack or stroke or dying from heart disease in people with excess weight, even if they do not have diabetes.

Weight loss injections are not a "quick fix" to losing weight warn health experts and should be combined with a balanced diet and exercise.

For more information, visit www.england.nhs.uk and search 'weight management injections'.

Priory View Team News

Last month we said goodbye and thank you to Dr Oba, Dr Vijay and Dr Oka, who finished their GP training with us and will be taking up new posts at other GP surgeries.

We would like to welcome five new Registrars (trainee GPs) to our Practice; Dr Sanchez, Dr Adebusoye, Dr C Morris, Dr McCudden, and Dr Abourakha.

This Autumn sees double long-service celebrations, starting with Nurse Fiona, who has been with us for 10 years. Probably the fittest member of the Priory View team, come rain or shine, Fiona can be found mountain biking it to and from work! Fiona's enthusiasm, patience, and compassion shine through, making her popular with patients and colleagues alike.

Our other long-service celebration is for Secretary Yvette, who has been with Priory View for 25 years this November. Yvette's exceptional knowledge and experience, especially when it comes to the complex referral process, makes her a much-valued member of the team and she will be missed so much when she finally hangs her headphones up at the end of the year.

Patient Survey 2025

The annual GP Patient survey, independently conducted by Ipsos for NHS England earlier this year, put Priory View in the top ten highest rated GP surgeries in Leeds with 64% of patients rating their overall experience as very good and 29% fairly good.



Thank you to everyone who filled out one of the surveys, we really appreciate it

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MMR vaccine uptake



Across England, <u>one in ten</u> children are not up to date with their MMR vaccination. Just two doses of the MMR vaccine gives you and your family lifelong protection against catching measles.

The first vaccine is given at one year and the second at 3 years and 4 months. From 1 January 2026, dose 2 will be brought forward to 18 months of age for those born on or after 1st July 2024.

If you are unsure if you or your child are up to date, check your child's red book or GP records and make an appointment with one of our Nurses to catch up on any missed doses.

Adults who missed out on the MMR vaccine in childhood can catch-up at any time.

Please get in touch on 0113 295 4260 to make an appointment or ask at Reception.

Building benches for local Rugby Club



Russ Giles, our Men's Health & Wellbeing coach, and members of the local Men's group he runs, recently put their handy-work skills to the test by building a bench from scratch for a local Rugby club.

Please contact Russ on 07825 877134 if you

would like to find out more about the work he does in the community and the support he can offer.

Go Sober for October

Every October Macmillan Cancer Support encourage people to go alcohol-free for the month to raise money for people with cancer.

Benefits of going sober include a clearer head, more energy, better sleep, weight loss and a sense of achievement. To find out more, visit www.gosober.org.uk.

Your Community Centre needs you!

New Wortley Community Centre is looking for volunteer store assistants for its Community Pantry. If you have a few hours a week to spare, are friendly in nature, trustworthy, and would like to meet new people and develop new skills, please contact Clare on 07530 781378.

Training days – the surgery will be closed for training from 12pm on 25th September, 23rd October and 27th November.