



Maternity Care

This document explains the process to engage with the surgery and local hospitals to manage your pregnancy.

If you are unable to complete the information detailed within this document, please contact the surgery (we have paper versions available, can guide you through the process).

Next Steps

Please complete Steps **1** (Choose the Hospital where you will have your scans & birth) & **2** (Tell the Surgery) to initiate the process. If you have any queries beforehand, please create an Administration Triage request (see Step 2).

1. Choose the Hospital where you will have your scans & birth

Our patients can choose any of the following NHS hospitals for their scans & birth that suits their personal preference.

Self-Refer to the hospital of your choice using the links below:

- **Luton and Dunstable** Maternity Self-Referral: <https://www.bedfordshirehospitals.nhs.uk/our-services/maternity-2/early-self-referral-to-a-community-midwife/early-self-referral-to-a-community-midwife/>
- **Milton Keynes** Maternity Self-Referral: <https://www.mkuh.nhs.uk/maternity-services/self-referral-for-pregnancy-maternity-care>
- **Stoke Mandeville** Maternity Self-Referral: <https://www.badgernotes.net/SelfReferral/CareLocation/buckinghamshirespa>

2. Tell the Surgery

Create an Administration Triage Request using either the NHS APP or <https://accurx.nhs.uk/patient-initiated/k82079> ["I have an administration request" => "Something else" and include any details in the "Briefly describe your admin query"]

3. What happens next?

Completing steps 1 & 2 above will enable:

- a. Our community midwife, Charlotte Jarvis 07929-831245, to contact you to answer any questions / queries and book appropriate appointments.
- b. The team of midwives to arrange your first booking appointment typically at 12 weeks (usually involves gathering your medical history and a blood test).
- c. The midwife to arrange your dating scan usually between 11 & 14 weeks and create a personalised plan for your pregnancy.

ONE DRIVE DOCUMENT – INTERNAL USED ONLY

If viewing from the clinical network bookmark the document to ensure you are working to the latest version.

Revision 2025-05 v1

2025-04-22 v1 New Document

Table of Contents

Maternity Care.....	1
Next Steps	1
1. Choose the Hospital where you will have your scans & birth.....	1
2. Tell the Surgery	1
3. What happens next?	1
ONE DRIVE DOCUMENT – INTERNAL USED ONLY	2
Revision 2025-05 v1	2
Table of Contents.....	2