



## **Edlesborough & Pitstone Surgery PRIVATE Provider Weight Management Requests Policy Statement**

### **Background**

Increasing numbers of our patients are engaging private providers to obtain Weight Management Treatment and/or Guidance. Our practices are being contacted by these private providers requesting us to undertake a review of our patients notes associated with their prescribing/other activities.

Detailed herein is our policy associated with such requests.

## **Edlesborough & Pitstone Surgery PRIVATE Provider Weight Management Requests Policy**

### **Private Weight Loss Requests**

Our Practices are being contacted with requests from private providers asking the practice to undertake a review of patient's notes to check that private providers are safe to prescribe Wegovy® or Mounjaro® (and other medication). This, by default, means that the practice takes responsibility for prescribing initiated by other organisations.

General Practice is under extreme pressure and cannot take on unfunded, non-contractual work for outside providers. Due to the volume of work practices are already dealing with there is no guarantee that even if this were being done that it would be done in the requested timescale.

Under General Medical Council (GMC) regulations it is the responsibility of the prescribing clinician to assure themselves that their prescribing is safe, ways of doing this would include taking an adequate patient history, examining the patient and doing and acting on any appropriate pre-prescribing investigations.

Professional medication safety guidelines National Institute for Health & Care Excellence (NICE) require examination of the patient. This would seem to include objective and accurate weight measurement, at initial assessment and at regular review.

At no point is it expected that the provider asks the patient's NHS GP to do this private work on behalf of other organisations.

Private providers must be aware that they cannot assume that a non-response to their request(s) is an agreement that there are no contraindications to prescribing these type(s) of medication.

### **Private Weight Loss Advice & Guidance**

The private Weight Loss Management provider, in addition to managing the prescribing of weight loss medication, has a responsibility to ensure that comprehensive guidance is provided to their patient to ensure all elements of a Weight Loss Management program are delivered including, but not limited to, a reduced calorie diet & increased physical activity.

### **Disclaimer**

The guidance in this document was accurate at the time of publication (2025-07). This document will be updated if this policy changes.

## Revision 2025-07

2025-07 v1 Formalised Policy

### ONE DRIVE DOCUMENT – FOR SURGERY INFORMATION ONLY

This document is stored on the clinical cloud network to ensure that you are working to the latest version bookmark the document. **IF** you identify there is a difference between the clinical cloud network version of the document (or an update is required) and the patient facing version inform the Business Manager.

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