



Edlesborough & Pitstone Surgery Vitamin B12 Treatment Policy Statement

Background

Many of the surgery's patients are not on the most appropriate Vitamin B12 Treatment. In many cases patients can absorb Vitamin B12 in a tablet form instead of an injection.

A Vitamin B12 tablet enables the supply of the vitamin in a consistent & even dosage throughout the month. Whereas a Vitamin B12 injection the vitamin levels start off high and decline over time towards the next injection.

Edlesborough & Pitstone Surgery Vitamin B12 Treatment Policy

Effective immediately, the following process will be adopted for all Vitamin B12 Treatment requests:

1. You will be invited for a BLOOD TEST that will be used to determine the level of Vitamin B12 in your blood stream
2. A Clinician will review your BLOOD TEST and determine what type of Vitamin B12 Treatment is appropriate for you
 - a. Conversion to Vitamin B12 Tablets (monthly). The BLOOD TEST will be repeated at 3 months and if your Vitamin B12 has been maintained and you will no longer require a Vitamin B12 Injection.
 - b. Remain on a Vitamin B12 Injection (including the appropriate monitoring, as before)

Revision 2025-07

2025-07 v1 Formalised Policy

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