

RIGHT TO CHOOSE ADULT- Accredited Providers - Norfolk and Waveny

	Waiting times	Information	ADULT Right to Choose ADHD Assessment	ADULT Right to Choose ASD Assessment	Dual Assessments
Modality	Approx 2 weeks	ADHD initial assessments within 2 weeks of request. Virtual appointments. Electronic prescription service. The team will support you with a medication review to establish the dosage that suits you. Provider can offer initiation and titration of ADHD medication following assessment and positive diagnosis. Provider will enter in a SCA (Shared Care Agreement) with the patient's GP.	YES	NO	NO
CARE – Centre of ADHD Research and Excellence	Approx 8-12 weeks	ADHD Assessment. Provider can offer initiation and titration of ADHD medication following assessment and positive diagnosis. Provider will enter in a SCA (Shared Care Agreement) with the patient's GP. Provider will undertake annual reviews for those on medication.	YES	NO	NO
The Owl Centre	Approx 28 weeks	ADHD Assessments for Adults ADHD Medication for Adults (if clinically appropriate) Accessible online assessments reduce barriers.	YES	NO	NO
Skylight Psychiatry	Approx 18 weeks	Please note for Autism Assessments, we require you to attend one of our Clinic locations for your face to face ADOS assessment.	YES	YES	YES
Harley Street Mental Health	Approx 8 weeks	Assessments are delivered primarily online using secure video platforms. We aim to complete the assessment within 8 weeks (40 working days) of receiving your referral, although this may vary depending on demand. If your GP cannot take over prescribing under shared care, Harley Street Mental Health will continue to provide ongoing prescribing and annual reviews in line with the Framework requirements.	YES	NO	NO

GP Appointments are no longer required. If you suspect you may have ADHD/ASD then please research the above providers. Choose one and either call reception to inform them of your choice or email the secretary team with your details, which provider you have chosen and if it is for ADHD, ASD or Dual. Email: nwcb.mattishallsecretary.d82039@nhs.net. This email is only to be used for correspondence regarding Right to Choose referrals. Expect to be contacted within 4 weeks of referral and begin the initial assessment within 18 weeks.