



The Cameron Fund
The GPs' own charity



Christmas Appeal 2025

Dear Colleague

"Thank you so much. This has made me cry! This will make such a difference to my life. I am incredibly grateful for the help I am going to receive from you - it will make such a massive difference to my mental health (and probably physical health) over the coming months."

We received this touching message of thanks from Sandra, a GP Partner who was experiencing domestic and financial abuse. Her ex-partner was not paying child maintenance or co-operating with the sale of the family home. Sandra's health had deteriorated, making it difficult to supplement her income with locum shifts. The Cameron Fund was able to help Sandra and her children with short-term funding until the family home was sold.

Sadly, we are seeing more colleagues in financial hardship as a result of domestic abuse. Other applicants are affected by long-term health conditions, mental ill-health, bereavement, relationship breakdown and professional issues. Often a combination of these can lead to a colleague facing severe hardship and destitution.

Over the last few years, the Cameron Fund has faced a huge increase in demand from GPs and GP Registrars in financial hardship. Unfortunately, this increase in demand has not been matched by an increase in income. Last year, the Trustees put in place measures to limit some of our charitable awards. This has helped but we are still facing a funding shortfall. Due to rising costs of living, the amount of support each applicant needs to keep their heads above water has increased. We are now supporting more GPs and families with our maximum monthly grant.

As you know, we are dependent on Local Medical Committees, other medical organisations and individual GPs for about half of our income and, as always, I would like to thank all of you who continue to support the Cameron Fund. Your generosity really makes a difference to our colleagues in need.

Please can I ask you to distribute this letter and ask your committee and constituent GPs to consider supporting the Fund? If your LMC has not given a donation in the past, or for some time, would you consider this an urgent appeal for funds? We also ask that, if you are planning to send Christmas cards by email instead of post this year, you consider making the Cameron Fund your nominated charity for any donations.

We gladly accept donations made directly into the Fund's Account (CAF Bank Sort Code 40 52 40, Account Number 00015215) or by cheque if you prefer. Thank you.

Wishing you, and your family, a happy Christmas and healthy New Year.

Dr Simon Parkinson, Cameron Fund Treasurer