

NEWSLETTER

April 2025

NHS APP

Patients are strongly encouraged to use the NHS app more. You can request repeat medications, as well as view your appointments and test results without calling the GP surgery, and you can also view your medical record, including all hospital letters. If you do not have access the NHS app, please come to the reception with a proof of ID and we can generate a linkage key for you to access your medical record.

If you need a doctor urgently when the surgery is closed, you should dial 111 and an operator will direct you to the appropriate course of action.

Beware of Anti-Vaccine Stories

Anti-vaccine stories are often spread online through social media and offline. The vaccine information on social media may not be based on scientific evidence and *could put your child at risk of a serious illness.*

Always get your vaccine and health information from trusted sources, such as the NHS or World Health Organisation (WHO). All the current evidence tells us that getting vaccinated is safer than not getting vaccinated. www.nhs.uk

Patient Participation Group

The purpose of the Patient Participation Group is to discuss ways in which the surgery can offer a better service to all its patients, and to represent the interests of the surgery's patients to Enfield Clinical Commissioning Group. The committee meets about 4 times each year, and we would welcome more patients to take part, particularly to represent the under-25s.

If you are interested in joining, please sign up via the [sign-up form](#) on our website.

Some of the recent patient feedback we received via our "Friends & Family Test"

- "Seen on time and very polite"
- "I have belonged to Cockfosters medical practice for over twenty years they are always very helpful and you always get an appointment on the day you phone which I think is very impressive in this day and age."
- "Got appointment same day and Dr was very courteous and dealt with all my symptoms with good explanation."
- "The staff at reception acted promptly when I explained to them I could not wait a long time to see a GP, and they kept their promise to arrange a call from a GP. The GP who called me was very sympathetic and listened well and instructed my pharmacy to prepare my medication on that very afternoon. Well done to everyone."
- "I attended for a health check and I felt well cared for."
- "Dr Slade was very polite and considerate of my toddler. He took the time out to explain the situation and even made a few humorous jokes. Great Doctor."

Clinicians' Usual Working Days

Clinician		Role		Mon	Tue	Wed	Thu	Fri
Dr J Mymin	m	GP Partner	am pm	✓ ✓	✓ ✓	✓ ✓	✓ ✓	✓ ✓
Dr J Snowden	m	GP Partner	am pm	✓ ✓	✓ ✓	✓ ✓	✓ ✓	✓ ✓
Dr I Snowden	f	GP Partner	am pm	✓ ✓	✓ ✓	✓ ✓	✓ ✓	✓ ✓
Dr G Grover	f	Salaried GP	am pm	✓ ✓	✓ ✓	✓ ✓	✓ ✓	✓ ✓
Dr A Shah	f	Salaried GP	am pm	✓ ✓	✓ ✓	✓ ✓	✓ ✓	✓ ✓
Dr C Slade	m	Salaried GP	am pm	✓ ✓	✓ ✓	✓ ✓	✓ ✓	✓ ✓
Napolina Acheampong	f	Practice Nurse	am pm	✓ ✓	✓ ✓	✓ ✓	✓ ✓	✓ ✓
Noren Pisani	f	Senior Clinical Pharmacist	am pm	✓ ✓	✓ ✓	✓ ✓	✓ ✓	✓ ✓
Yasmin Harker	f	Physician Associate	am pm	✓ ✓	✓ ✓	✓ ✓	✓ ✓	✓ ✓
Kelly Ruddy	f	Senior Care Coordinator	am pm	✓ ✓	✓ ✓	✓ ✓	✓ ✓	✓ ✓

Surgery Appointments

All appointments are for 10 minutes, with the morning session 8:30am to 1pm and afternoon 2pm to 6:30pm. We kindly request that you arrive on time, as the clinician might not be able to see you if you are late, and please let us know if you are unable to attend, so that we can offer the appointment to another patient.

Please be mindful that GP appointments are for medical issues only; repeat prescriptions and sick note requests should be submitted via the website or app, or to the Practice reception.

Hospital Appointments

Please note that, when you are referred to a NHS consultant, the hospital will initially send a letter advising of the date by which you should receive notification of your appointment, which may be several weeks (or, in some cases, months) hence. **If you have not heard by the date stated, please call the hospital on the number given in your letter.** *The GP does not have access to the hospital appointment system and will not be able to help.*

Test Results

It is your responsibility to check your test results, which are available on your NHS app or by calling the surgery after 11am.