



Great Staughton Surgery

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NEWSLETTER: Summer 2025



This newsletter is aimed to give our patients up to date information about the surgery and an insight into some of the many additional services or support groups available within our area. Most of the information below gives links for further advice via a website. If you have difficulty accessing any of these links, then please contact the surgery and one of the team will be able to help you.

Staffing Update: Since our last newsletter, we have welcomed two new members of staff to the team – Bev Coady is our new Dispenser, and Debs Martin is our new Health Care Assistant.

GP Patient Survey 2025: We are pleased to announce that we are within the top 3 surgeries in the Cambridgeshire and Peterborough area, nearly 90% of our patients reported a positive experience. Thanks must go to our whole staffing team for their continued hard work and dedication.

Surgery Closure Dates: Please note that the Surgery and Dispensary will be closed on the following afternoons for staff training

- **Wednesday 16th July 2025**
- **Thursday 18th September 2025**
- **And all day on Bank Holiday Monday, August 25th**

You will not be able to collect any medication during these times. **When the surgery is closed If you require urgent medical help, please call 111 or in a medical emergency call 999.**

Save the date for our Flu Clinics: Although it may seem a long way off, we are already planning our flu clinics. Our first clinic will be on **Saturday 4th October** followed by **Thursday 16th October**, with some other shorter evening clinics that will be scheduled throughout October. **PLEASE DO NOT CONTACT THE SURGERY TO BOOK**

You will receive an invitation from us over the coming weeks. If you are eligible, and you do not wish to have the flu vaccination this year, then please do let us know so that we can add the decline code to your records.

Are your contact details up to date? Please remember to let us know if you change address, phone number or email.

Patients Participation Group: We have an excellent surgery in Great Staughton and the PPG is very active on behalf of patients to ensure a vibrant and constructive dialogue with surgery staff. Of course there are issues which are difficult – the 8am scramble, the 3 week wait for non-urgent appointments but these are national problems and way beyond the PPG's remit to solve.

There is one running issue however that we **can** do something about: no-shows for appointments.

Here are the DNA (Did Not Attend) figures for Great Staughton Surgery between January and June 2025:

Month	Appointments	No of DNA's	Minutes Wasted
Jan	3300	36	520
Feb	2645	21	308
March	2767	36	488
April	2700	39	518
May	2698	25	465
June	2878	31	521
TOTAL	16988	188	2820

2820 minutes represents an awful lot of appointments which could have gone to other patients. Please ensure you advise staff if you are unable to make your appointment.

Many thanks, Anthony Withers, Chairman, (PPG)

Cancer Lung Screening: The Lung Cancer Screening Programme in the East of England is part of a wider national initiative, aiming to reduce cases of lung cancer being identified at a late stage. The programme is targeted at people who are considered to be at high risk due to being smokers or having a history of smoking. Invitations will be sent to those who are registered with their GP, aged 55 – 74 years, and have a history of smoking or are current smokers. We would encourage anyone who receives an invite to take it up and book an appointment. For further information:

<https://eolungcancerscreening.nhs.uk/about-us>

Hot Weather: Most of us enjoy the summer weather, but occasionally it can become too hot and there can be serious health risks, particularly for the elderly, the very young or someone living with a long-term illness. For further guidance: <https://www.nhs.uk/live-well/seasonal-health/heatwave-how-to-cope-in-hot-weather/>

St Neots Women's Wellness Café

One Leisure, Barford Rd, Eynesbury, St Neots, PE19 2SA

Schedule

Thursday 24 July 2025 13:00-15:00

Top Tips on: nutrition; move more, sit less; sleep and stress and Healthy Lifestyle Bingo!

Wednesday 20 August 2025 13:00-15:00

Importance of Physical Activity for Women

Thursday 18 September 2025 13:00-15:00

Community Pharmacy Services

Connect with other women and enjoy informal chats with experts on topics like Menopause, nutrition, stress and more. It's FREE and open to everyone!

For more information about our Women's Wellness Cafés please get in contact at activelifestyles@huntingdonshire.gov.uk



Changes to Cervical Screening Recall: HPV - Human Papillomavirus is a very common viral infection. Most infections are harmless and resolve on their own, however some types can increase the risk of certain cancers. Now that we have a better test for HPV, how often people need to have cervical screening is changing in England from 1st July 2025. Women and people with a cervix aged 25 – 49 years who test HPV negative, meaning they are at low risk of cervical cancer over the next 10 years, will be invited every 5 years for cervical screening rather than every 3 years. For further information visit <https://www.cancerresearchuk.org/about-cancer/cervical-cancer>

RSV Vaccine: The RSV vaccine helps protect against respiratory syncytial virus (RSV), a common virus that can make babies and older adults seriously ill. The RSV vaccine is recommended during pregnancy and for adults aged 75 – 79. The vaccine helps to reduce the risk of serious breathing problems like pneumonia and bronchiolitis. If you are eligible for this vaccine, you should have received an invitation from us. For further details: <https://www.nhs.uk/vaccinations/rsv-vaccine/>

Enhanced access appointments: Our reception team may be able to offer you an Enhanced Access appointment. This is part of our Primary Care Network (PCN) service and provides patients with access to healthcare services outside of standard practice hours. These appointments are typically available between 6:30 pm and 8:00 pm on weekdays and from 9:00 am to 5:00 pm on Saturdays. Patients can access services at a designated location which is currently in St Neots. Appointments are available Face to Face, and over the phone.

Cambridge Constabulary Pegasus Scheme: This scheme is for anyone who has a disability or illness that may make it hard to communicate with the police in an emergency situation. To find out more: <https://www.cambs.police.uk/contact/af/contact-us/us/contact-us/sspegasus-scheme/pegasus-scheme/>

Weight Management Medications: We understand some of our patients are eager to find out more about weight management medications. In our area, these medications are only available through a local community weight management service for a small number of people with the highest clinical need. Our GP practice cannot prescribe weight management medicines to you directly. To be considered for a referral for the weight management medications, patients must meet strict national criteria. You can check the full criteria: <https://www.cpics.org.uk/weight-management-services>

Facebook: why not follow us on Facebook to keep up to date with the latest news?
[Great Staughton Surgery Patient Information](#)



NHS Online Services and NHS App: Have you downloaded the NHS app? Or you can log in through the NHS website to access NHS services online. You can request repeat prescriptions, use 111 online, find nearby NHS services and much more. <https://www.nhsapp.service.nhs.uk/login>



Dispensary: please remember that although your prescription may be ready sooner, please do allow three working days for us to process as this allows for re-authorisation and ordering of non-stock items.

One Appointment, One Problem: It is tempting to bring a list of unrelated problems to your medical appointment. Please consider what is achievable within your 10-minute appointment and ask for a longer appointment if necessary.