# Greenmoss Medical Centre



# Newsletter

Patient Newsletter edition 25: Aug 2025

#### Flu and covid vaccinations

We will be offering flu and covid vaccinations from early October for eligible patients. The NHS criteria this year is:

Flu only: aged 18-65 and clinically at risk or aged 65 - 75

Flu and covid: 18 – 75 and Immunosuppressed or aged 75 and over

We will contact you in the coming weeks about booking an appointment.

#### **Practice closure dates**

We are closed one afternoon each month (except August and December) for staff training. We close at 1pm and re-open the following morning. The remaining dates for this year are:

Tuesday 9.9.25 Wednesday 8.10.25 Tuesday 4.11.25 These are also advertised in the Practice.

#### Fear of flying

Unfortunately, the GPs are not able to prescribe any medication for this. The recommendation is to ask at a local Pharmacy.

### **Reasonable Adjustments**

# What are 'Reasonable Adjustments'?

Reasonable adjustments are a legal requirement to make sure health services are accessible to all. A reasonable adjustment is when you ask for a change or consideration to ensure you are not disadvantaged due to a disability or long term health condition.

We commit to working with our patients to understand their requirements for reasonable adjustments and support them wherever possible.

Reasonable adjustments can be things like:

- making sure there is good access to the Practice for people with mobility issues
- providing plain English or easy read appointment letters
- making sure there is a hearing loop system in consultation rooms

Depending on people's specific needs, these reasonable adjustments can be vital in ensuring they remain involved in everything to do with them and their health.

If you have a disability or long term health condition and need an adjustment when you visit Greenmoss please complete the form on our website <a href="Reasonable Adjustments - Greenmoss Medical Centre">Reasonable Adjustments - Greenmoss Medical Centre</a> or the paper version in the surgery.

#### Free events at Greenmoss

As part of our support for carers, we have offered a number of FREE events this year. These are aimed at carers but any of our patients are welcome to attend.

#### The final one is:

Dementia awareness information session – Monday 8<sup>th</sup> September 10.30am – 12noon

Please contact <u>Janet.weaver@nhs.net</u> to book a place or call in at Reception.

### Weight loss injections

Please note that the doctors are not prescribing the weight loss drug. This is being managed by the Cheshire Integrated Care Board who are developing a community weight loss prescribing service.

Please see the ICB web site for more information Home

www.cheshireandmerseyside.nhs.uk

## NHS 10 year Health Plan

Extract from website Fit for the future: 10
Year Health Plan for England - executive
summary (accessible version) - GOV.UK

The choice for the NHS is stark: reform or die. We can continue down our current path, making tweaks to an increasingly unsustainable model - or we can take a new course and reimagine the NHS through transformational change that will guarantee its sustainability for generations to come. This plan chooses the latter. It represents a break with the past.

That choice has been informed by the biggest conversation about the NHS in its history. Over the past 8 months, we have spoken to thousands of staff and members of the public and considered the 250,000 ideas submitted to our <a href="#">Change NHS website</a>. The conclusion

was clear: no one defends the status quo. Staff and patients are crying out for change.

This is a plan to create a new model of care, fit for the future. It will be central to how we deliver on our health mission. We will take the NHS's founding principles - universal care, free at the point of delivery, based on need and funded through general taxation - and from those foundations, entirely reimagine how the NHS does care so that patients have real choice and control over their health and care.

# Surgery Statistics for June 2025

#### AVAILABILITY

48%	booked on the day (urgent)
<b>8.4</b> days	average booked to seen time

1 in 63 appointments were MISSED resulting in 15 hours of wasted practitioner time



3,251 appointments booked with an average of 171 per 1000 patients per week